



The GrapeVINE

Volunteer Information Network

SEPTEMBER 2018

Volume 21, Number 9



Mission Statement: Memorial Health System Volunteer Corps serves as a link between the community and Memorial Health System by providing support through acts of kindness, donations of time, talents, and financial gifts.

VOLUNTEER SPOTLIGHT



MEET DELPHINE HOLSTON

Delphine Lindgren attended an elementary school in the country west of Abilene. It is the actual old school building that is now located in Old Abilene Town. She attended Abilene Junior High and graduated from Abilene High School in 1952 when she was only 16. She earned her BA in Elementary Education from Marymount College in Salina, and began teaching in 1956. Her first teaching job was at Garfield here in Abilene where she taught third grade students for nine years. After staying home for eight years to take care of her three children, she taught in Chapman for twenty-two years and retired in 1995.

Delphine married Gene Holston, a farmer, and they lived on a farm near Navarre. They have three children. Karen is married, lives in Denver, CO and has two boys. Mike is married, lives in Helena, MT and has three children. Julie is married and lives in Topeka. Delphine loves to fly to Denver and Helena to see her children and grandchildren and enjoys visiting Julie in Topeka.

After their retirement Gene and Delphine went on several bus trips around the country. Some of her favorites include Boston, Canada, Niagara Falls, and New York City. They also went to Washington, D.C. several

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Dates to Remember September 2018

September 5th - 7th -

HAK/KHA Convention (Overland Park)

September 6th - TAB

Frontier Estates @ 9:00 - 9:30 a.m.

September 13th - Card Committee -

Conklin Conf. Center from 9a-3p

September 13th - MHSVC Ex. Board Mtg

Conference Room C, 9:30a

September 17th - Craft Committee-

Conklin Conf. Center from 9a-3p

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times while their daughter lived and studied there.

Delphine retired from teaching in 1995. She began volunteering at MHS in 1996, helping in HIM, Information Desk, Gift Shop, and with several other projects as needed. Her many hours of volunteer work include helping at Great Plains Theater, St. Andrew's Church, Eisenhower Center and Old Abilene Town.

Even though Delphine spends many hours volunteering, she still finds time for hobbies. She loves to read and has several favorite authors. Her three children, and each of the grandchildren, have a quilt handmade by Delphine. Knitting over 1400 baby caps since 1997, given to each baby born at MHS, also keeps her busy.

Delphine shared that she enjoys helping her team at their weekly Trivia Night contest. One week she helped them earn a point by coming up with what she thought might not even be a word, but found out it was the actual answer. No one could believe she actually got it right, because they didn't think it was a word either. Her Latin class at AHS helped her realize that the word left comes from sinister, phobia is fear of, so sinistraphobia is fear of being on the left or left-handed.

Impact Sports & Fitness 21st Birthday Celebration!

impact
SPORTS AND FITNESS
21st Birthday Celebration!!

Boot Camp, Burgers & Beer
Tuesday, September 4th 5:00 - 6:30 PM
Impact Sports & Fitness Parking Lot

Members and non-members are welcome!
Tickets may be purchased at Impact Sports & Fitness and
at the Caring Hearts Gift Shop inside Memorial Hospital.

Boot Camp - \$15 (*fee includes meal ticket*)
Boot camp is from 5:30 - 6:00 p.m.

Meal Ticket - \$5
Beer - \$3

Donate empty cans in the Vending Machine Area!
 Cans will be donated to the
 Cans 4 Kansas Honor Flights group.
 Donate to TWO organizations with ONE can!
 Pull your can tab and place it in the
 Ronald McDonald House container to be donated.



Tuesday, September 25th
Nichols Education Center
 (basement of Learn & Grow Depot)
 Please park on the East Side of the Building

12:00 pm - 1:00 pm

Guest Speaker:

Rhonda Schmid, MH Radiology Director
RaeLyn Swisher, Impact S&F Director

Topic:

3D Mammography & Impact the Cure

Cost:

\$5 for lunch

Please RSVP by September 21st by calling
 Michelle at 263-6692 to reserve your seat.

Heartland
 Health Care Clinic

Beginning May 1, 2018

WALK - IN CLINIC
7:00 - 9:00 A.M.
Monday - Friday

Convenient treatment for:

Colds & Flu	<i>The Walk-In Clinic is here for those who need immediate care, but do not need to go to the Emergency Department. Appointments are not needed. Patients are seen in the order they arrive.</i>
Sore Throat	
Ear Infection	
Laceration Repairs	
Muscle Strains & Pain	
Minor Aches & Pains	

www.CaringForYou.org
 511 NE 10th Street, Abilene, KS (785) 263-4131



A BIG THANK YOU to everyone who volunteered at the Memorial Health System booth at the Central Kansas Free Fair! We appreciate you representing MHS!

Breast Cancer Fundraiser • October 6

IMPACT the Cure 

5KRun • 2MileFunWalk • Impact Sports & Fitness • 263-3888

• FREE Kids Races • FREE Pancakes • Fun For All Ages
 Proceeds provide free mammography services for Dickinson County residents



September Birthdays

- 5 Joyce Lady
- 7 Nadine Adams
- 10 Delphine Holston
- 18 Sue Murry
- 19 Delores Rodda
- 28 Carol Garrison

*If your name has been left off, please forgive us and contact Michelle at 263-6692.

Due to contract changes, the Employee Purchasing Program has been discontinued.

We will continue to sell batteries at a reduced rate for employees and volunteers. Please stop by the Caring Hearts Gift Shop for more details.

Important Numbers:

- Memorial Hospital.....263-2100
- Volunteer Services Office.....263-6692
- Hospital Scheduling.....263-6660
- Heartland Surgery.....263-0505
- Rehab Scheduling.....263-6664
- Memorial Health Foundation.....263-6688
- Marketing and Communications.....263-6686
- Home Health & Hospice.....263-6630
- Impact Sports & Fitness.....263-3888
- Village Manor.....263-1431
- Michelle's E-mail.....mmclanahan@mhsks.org
- MHS Website.....www.caringforyou.org

MHSVC Executive Board Meeting Highlights - August 2018

- Meeting called to order and prayer for Hospital Auxiliaries was read in unison.
- Minutes were approved.
- Communications- none
- Treasurer's Report- \$58,747.64 ending balance.
- Corresponding Secretary- 4 birthday cards were sent in August and no recognition cards.
- Card Committee- made thinking of you, sympathy, and birthday cards.
- Craft Committee- worked on lap robes for Village Manor.
- DVS Report- 680 hours in July, 94 cards sold, 376 cookies, and no meals sold.
- CEO Comments- Mr. Courtois gave an update on physician recruiting with a possible four new doctors signing contracts and a student who will join in six years. The walk-in clinic continues to be successful. Interviews are being conducted for a new Director at Village Manor.
- Old Business- HAK Meeting was discussed and a motion was made and approved to pay for mileage to the convention.
- New Business- Our annual meeting will be held on October 18th. Cookie Sale was discussed and a motion was made and approved to purchase pre-cut cookies this year. Topics for HealthWise 55 were suggested and discussed. A motion was made and approved to donate \$500 to Impact the Cure, a corporate sponsor level donation. A request was made to purchase a new shredding machine for Memorial Hospital; request was approved.
- Next MHSVC Executive Board meeting will be September 13th at 9:30 a.m. in Conference Room A.