



The GrapeVINE

Volunteer Information Network

FEBRUARY 2019

Volume 22, Number 2

VOLUNTEER SPOTLIGHT



Mission Statement: Memorial Health System Volunteer Corps serves as a link between the community and Memorial Health System by providing support through acts of kindness, donations of time, talents, and financial gifts.



MEET PHYLLIS WELTON

Phyllis Duff Welton was born in Oklahoma and lived there until she was a sophomore in high school. She finished high school after moving to Salina, KS. She worked in a gift shop for one year and then married Rocky Welton in 1959. They moved to Liberal, KS where Rocky had accepted a job as a teacher and coach. While in Liberal, Phyllis worked at the Sears Catalog Store, a gift shop, and a donut shop.

After living and working there for four years, they moved to Oakley, KS where her husband worked as a teacher and coach again, but at this time she did not work outside the home. While living in Oakley in 1967, they had their first daughter. This daughter now lives in Elco, NV and does not have any children. Their second daughter was adopted while they lived in Clay Center. This daughter lives in Abilene and has three boys. Rocky and Phyllis had their third daughter while living in Goodland. She lives in Abilene and has three children. Their fourth daughter joined them when they lived in Garden City. She came to live with them and was like a daughter then and now. She lives in Pratt and has seven children.

While living in Goodland, Phyllis and a friend started a preschool. She also had a drapery business out of her

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Dates to Remember February 2019

- February 1st - TAB Cinnamon Roll Sale
Hospital Lobby @ 9:00 a.m.
- February 7th - HealthWise 55
Nichols Ed. Center, noon - 1:00p
- February 14th - Card Committee -
Conklin Conf. Center from 9a-3p
- February 14th - Executive Board Mtg
Conf. Room C, 9:30a
- February 14th - Linen Sale
Hospital Lobby, 7:00a - 5:30p
- February 15th - Linen Sale
Hospital Lobby, 7:00a - 1:00p
- February 18th - President's Day
- February 28th - Craft Committee -
Conklin Conf. Center from 9a-3p

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home. She would work with a designer, but Phyllis did all the sewing to make them. She did this for seventeen years. Most of the time she tried to work at home so she could take care of her children. Phyllis used to volunteer at MHS by spending time at the Information Desk. She was also on the Executive Board as President-elect, President, and Past-President. The past several years she donates her time and skill to make four dozen cinnamon rolls to sell at Frontier Estates every other month. The other months, she makes between six to eight dozen cinnamon rolls to sell in the hospital lobby. They are always delicious.

She also volunteers at her church by being in charge of the church dinners. For several years she has led a group of ladies as they prepare and serve the Dickinson County Retired School Personnel at their meetings. She also loves to read, knit, and sew.

Rocky and Phyllis will celebrate their 60th wedding anniversary this year.

The volunteer for this spotlight is randomly selected from a list of the month's birthdays.

Luxury Linen Sale

Thursday, February 14th

7 am - 5:30 pm

Friday, February 15th

7 am - 1 pm

Hospital Lobby

1500 Thread Count Sheets

12 beautiful colors, complete sets,
deep pockets, non-wrinkle, do not
shrink, fade or pill/bead.

(ALL BRAND NEW -
COMPLETE SETS)

BED PILLOWS, BLANKETS AND
MORE!

Buy 2 sets Get 1 set FREE
Special Offers on pillows, quilt sets
and more!

SOLOMON PRESBYTERIAN LADIES DONATE CHRISTMAS TREES FOR HOSPITAL ROOMS



The Solomon Presbyterian ladies group made a donation of small, table-top sized Christmas trees to Memorial Hospital in Abilene on the Friday

before Christmas. The group of 14 woman decorated the trees for the season, which were placed in the patient rooms at the hospital along with greeting cards they made and help spread some Christmas cheer. Representing the Solomon Presbyterian ladies was Rosalie Cornelius, pictured at the far left, along with (from left) Julie Breeden, Inpatient/OB Unit RN; Samantha Nunweiler, Inpatient Unit Activity Director/CNA; and Michelle McClanahan, Director of Volunteer Services.

VOLUNTEER CORPS DONATES TO FOUNDATION FOR RESIDENT FUND AT VILLAGE MANOR



The Memorial Health System Volunteer Corps (MHSVC) recently donated \$1200 to the Memorial Health Foundation to go towards the fund which supports the Village Manor Resident Fund. The Village Manor Resident Development Committee will direct how the money in the fund is used for Village Manor. Shown (from left) are Delphine Holston, MHSVC volunteer; Andy Sutter, Village Manor Director; Ryan Crist, Village Manor Maintenance Manager; Joe Sanfilippo, MHSVC Treasurer; and Michelle McClanahan, MHS Director of Volunteer Services.

VOLUNTEER CORPS DONATES LAP ROBES



The Memorial Health System Volunteer Corps (MHSVC) Craft Committee recently donated 75 handmade lap robes to the residents at Village Manor in Abilene for Christmas. The group also donated lap robes to patients in the ROSE Unit at Memorial Hospital.

VOLUNTEER CORPS GRANTS GIFT TO EMPLOYER OF CHOICE COMMITTEE



The Memorial Health System Volunteer Corps (MHSVC) recently purchased a popcorn machine cart for the Employer of Choice (EOC) committee at Memorial Health System through the volunteers' annual gifting program. The popcorn machine is a larger machine

than the previous one, and is for employee "popcorn days". The MHSVC holds several fundraisers each year to raise money to support and enhance services within the health system's many departments.

Take A Break Cinnamon Roll Sale



**Friday,
February 1st
Hospital Lobby
\$1.50 each**

9:30 a.m. - 10:00 a.m.



"Mindfulness and Compassion"
by Jenna Kisling-Clark, LMSW.

Do you want to be less stressed in your work environment and home life? Less reactive to those around you? Have more compassion for yourself and by extension, others?

**Thursday, February 7th
Nichols Education Center
(basement of Learn & Grow Depot)
Please park on the East Side of the Building
12:00 pm - 1:00 pm**

**Guest Speaker:
Jenna Kisling-Clark, LMSW**

**Topic:
"Mindfulness and Compassion"**

**Cost:
\$5 for lunch**

Please RSVP by February 1st by calling Michelle at 263-6692 to reserve your seat.



We have volunteer opportunities at Village Manor to fill!

Would you be interested helping with:

- Playing the piano
- Pushing the cart
- Reading to residents
- Trivia
- Helping with Bingo
- Birthday Parties
- Craft time

If yes, please contact Michelle at 263-6692 to discuss the opportunities available.



*If your name has been left off, please forgive us and contact Michelle at 263-6692.

Mon-Fri
8 a.m.-4 p.m.

Caring Hearts gift shop

**Warm up with a hot cup
of coffee or
cappuccino in the
Caring Hearts Gift
Shop. Only \$1!**



Important Numbers:

Memorial Hospital.....	263-2100
Volunteer Services Office.....	263-6692
Hospital Scheduling.....	263-6660
Heartland Surgery.....	263-0505
Rehab Scheduling.....	263-6664
Memorial Health Foundation.....	263-6688
Marketing and Communications.....	263-6686
Home Health & Hospice.....	263-6630
Impact Sports & Fitness.....	263-3888
Village Manor.....	263-1431
Michelle's E-mail.....	mmclanahan@mhsks.org
MHS Website.....	www.caringforyou.org

- MHSVC Executive Board Meeting
Highlights - January 2019*
- Meeting called to order and prayer for Hospital Auxiliaries was read in unison.
 - Minutes were approved.
 - Communications- Christmas cards from vendors received, thank you notes from employees who received a Christmas basket, and thank you cards for gifting time items - popcorn machine and camera.
 - Treasurer's Report- \$54,471.25 ending balance.
 - Corresponding Secretary- three birthday cards were sent in January and two department recognition cards were sent.
 - Card Committee- made birthday, sympathy, and get-well cards.
 - Craft Committee- did not meet.
 - DVS Report- 437.75 hours in December, 144 cards sold, 208 cookies, and gift shop sales of \$7,330.58.
 - CEO Comments- Mr. Courtois gave an update on physician recruiting, Walk-in Clinic is going well with 164 visits in December, three board members are up for reelection this year, finances in November showed a profit of \$68,715, a pharmacy consultant was here in December to discuss Med to Beds program which allows the local pharmacies to get medication to the patients before they are dismissed and allows the pharmacist to discuss the medication to help ensure compliance with dosage and usage.
 - Old Business- Discussed Christa Jones memorial monies received, voted and approved to purchase baby blankets for the baby baskets.
 - New Business- Proposal to increase Learn & Grow approved gifting time money for an additional \$50 towards radios. Voted and approved request.
 - Next MHSVC Executive Board meeting will be February 14th at 9:30 a.m. in Conference Room C.