



# The GrapeVINE

Volunteer Information Network

## MAY 2019



Volume 22, Number 5

### VOLUNTEER SPOTLIGHT



#### Mission Statement: Memorial Health System

Volunteer Corps serves as a link between the community and Memorial Health System by providing support through acts of kindness, donations of time, talents, and financial gifts.

#### Dates to Remember

May 2019

April 30th- Scrub Sale

Memorial Hospital, 7a - 7p

May 1st- Scrub Sale

Village Manor, 7a - 1p

May 2nd- TAB Cinnamon Roll Sale

Frontier Estates @ 9:00 a.m.

May 9th -HealthWise 55

Nichols Education Center, noon-1p

May 9th -Card Committee -

Conklin Conf. Center from 9a-3p

May 9th -Executive Board Mtg

Conf. Room C, 9:30a

May 23rd -Craft Committee -

Conklin Conf. Center from 9a-3p



#### MEET ARLENE INGRUM

Arlene grew up on a farm in the area between Navarre and Woodbine called Walnut Grove. She went to elementary school there, and attended high school in Chapman.

Together, with her older brother and sister, they enjoyed just being, and playing on the farm. Arlene remembers walking barefoot to the mail box after a rain and playing in the puddles. She also remembers fishing in their pond in the pasture, and riding her brother's horse. The farm had all kinds of animals, and she loved them all.

She moved to Abilene in May 2006. Arlene's first husband and a son passed away. Her second husband died in March 2008. She has a son living in Wamego, one in Topeka, and two daughters who live in this area. She also has one granddaughter, four grandsons, and two great-grandchildren.

When her children were little she stayed at home to be with them. After a while, one of their teachers asked Arlene if she would consider cleaning house for her. Arlene took that job, and word spread quickly that she cleaned houses. She worked cleaning several houses for several years. She still cleans for one family and has been working with this same family for 30-35 years.

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Arlene likes to be outside. She likes to work on yard art and planting flowers. This winter she did some repainting of her yard art before placing them back in the yard this spring. She still mows her own yard.

She rescued a grungy little dog four years ago, adopted it, cleaned it up, and now it loves to sit on her lap. It is the nicest pet she has ever had.

One year ago, on Mother's Day, her granddaughter made arrangements for the whole family to visit the farm where Arlene grew up. The granddaughter picked everyone up and took them for a ride that Sunday afternoon. No one knew where they were going. Everyone was quite surprised and very happy. They got to tour the old home, the barn, and many out buildings. The grandchildren were excited to see where their grandmother had lived. It was a really great afternoon.

In 2013, Arlene and several members of her family took a cruise out of Galveston, TX. They did several stops to see the scenery, and she really enjoyed it. She would love to go on a safari, but because of health issues, probably will not be able to do this.

Arlene volunteers at Village Manor helping residents when they play noodle ball. She really enjoys working with the residents and helping them to have some fun. She has volunteered there for five years.

*The volunteer for this spotlight is randomly selected from a list of the month's birthdays.*

## Volunteer Spring Training



Volunteer Spring Training was recently held in Conference Room C at Memorial Hospital.

The training included information on HIPAA and Confidentiality, Fire Safety and Emergency Preparedness, Hand Hygiene, and a health system update was given by MHS CEO Harold Courtois. If you missed it, information will be provided in next month's GrapeVine.



## Volunteer Appreciation BINGO!

BINGO PARTY HELD FOR MHS VOLUNTEERS



A Memorial Health System (MHS) Volunteer Appreciation Bingo Party was recently held at the Nichols Education Center in Abilene. The event was a "Thank You" to MHS Volunteer Corps members and Hospice of Dickinson County volunteers for the tremendous care and support they provide. Pictured (at left) is the group of volunteers in attendance playing bingo and ready to win some prizes. Pictured center is Sue Murry, MHS Volunteer Corps member, displaying a prize she won, and pictured right are prizes everyone took home. MHS employees who were bingo callers for the event included Matt Schlagel, Russ Vermillion, Teresa Hudson, and Sherrie Root.

We appreciate all of our Memorial Health System Volunteers for everything they do each and every day at Memorial Hospital, Learn & Grow Depot, Village Manor, Impact Sports & Fitness Center, and Hospice of Dickinson County. Our volunteers are ALWAYS NEEDED and FOREVER APPRECIATED! Thank you All!

## VOLUNTEER CORPS DONATES TO TRANSPORTATION FUND



The Memorial Health System Volunteer Corps (MHSVC) recently donated \$1200 to the Memorial Health Foundation. The donation is designated for the Abilene Public Transportation Fund, a fund that provides public transportation rides to and from medical appointments within Abilene city limits.

Shown, from left, are: Linda Padgett, MHSVC member; Michelle McClanahan, MHS Transportation Committee member; and Joe Sanfilippo, MHSVC Treasurer.

## SCRUB SALE

**Memorial Hospital Tues. April 30th**

**7:00 am - 7:00 pm**

**Village Manor Wed. May 1st**

**7:00 am - 1:00 pm**

## SCRUB HUB Mobile Unit

April 30th - Hospital East Entrance Parking Lot  
May 1st - Village Manor Parking Lot



**Payroll Deduct, Credit Cards,  
Checks and Cash Accepted**



**Proceeds benefit  
Memorial Health System Volunteer Corps Projects**



**Thursday, May 9th**

**Nichols Education Center**

**(basement of Learn & Grow Depot)**

**Please park on the East Side of the Building**

**12:00 pm - 1:00 pm**

**Guest Speaker:**

**Dr. Susan Thompson, M.D.**

**Special Delivery, LLC**

**Topic:**

**"Hope for Haiti "**

**Cost:**

**\$5 for lunch**

**Please RSVP by May 6th by calling  
Michelle at 263-6692 to reserve your seat.**

## Take A Break Cinnamon Roll Sale



**Thursday,  
May 2nd  
Frontier Estates  
\$1.50 each**

**9:00 a.m. - 9:30 a.m.**

## Memorial Health System Employee & Volunteer Blood Drive

**GIVE BLOOD**  
American Red Cross You can make a difference.

**Friday, May 3rd 9:00 AM to 3:00 PM (Conf Rm B)  
Sign up on the Marketing Bulletin Board**



\*If your name has been left off, please forgive us and contact Michelle at 263-6692.

**Caring Hearts gift shop**

Mon-Fri  
8 a.m.-4 p.m.

Spring is Here!

Stop by and check out our new items!

### Important Numbers:

Memorial Hospital.....	263-2100
Volunteer Services Office.....	263-6692
Hospital Scheduling.....	263-6660
Heartland Surgery.....	263-0505
Rehab Scheduling.....	263-6664
Memorial Health Foundation.....	263-6688
Marketing and Communications.....	263-6686
Home Health & Hospice.....	263-6630
Impact Sports & Fitness.....	263-3888
Village Manor.....	263-1431
Michelle's E-mail.....	mmcclanahan@mhsks.org
MHS Website.....	www.caringforyou.org

### MHSVC Executive Board Meeting Highlights -April 2019

- Meeting called to order and prayer for Hospital Auxiliaries was read in unison.
- Minutes were approved.
- Communications- none.
- Treasurer's Report- \$ 51,251.23 ending balance.
- Corresponding Secretary- five birthday cards were sent in April and five department recognition cards were sent.
- Card Committee- made sympathy and get-well cards.
- Craft Committee- helped with folding, stuffing and labeling clinic letters to patients.
- DVS Report- 576.5 hours in March, 59 cards sold, 257 cookies, and gift shop sales of \$5,419.91.
- CEO Comments- Mr. Courtois gave an update on the CLS Program, physician recruitment, new staff, Walk-In Clinic. He discussed financials and Medicaid expansion passing in the House.
- Old Business- Discussed the HAK District 3 Meeting, next year will be held in Salina.
- New Business- Discussed new service project ideas for this year's Gold Award. A motion was made to purchase two refrigerators for the OB patient rooms for storing breast milk for the new mothers. MHSVC Scholarship committee was also discussed and will meet to select this year's awardees.
- Next MHSVC Executive Board meeting will be May 9th at 9:30 a.m. in Conference Room A.