Village Manor
of Heritage Village, CCRC

Village Vine

March 2021

Monthly Newsletter of Village Manor

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An affiliate of Memorial Health System

Should I Get the Vaccine for COVID-19?

Contributed by Sandy Spani, Village Manor RN, Clinical Manager

This is a frequently asked question in response to the availability of the vaccine. According to the "Health Quality Innovation Network," getting vaccinated will help keep you, your family, and your community healthy and safe. Vaccines will help bring this pandemic to an end, and wouldn't that be great. Some of the facts listed by Health Quality Innovation Network include, COVID-19 vaccines will not give you COVID-19. It takes a few weeks to build up immunity after vaccination. COVID-19 vaccines will not cause you to test positive on COVID-19 tests used to see if you have a current infection. If you have had COVID-19, you should still get the vaccine. After receiving the vaccine, you still need to wear a mask, avoid close contact and maintain social distancing, clean and disinfect, and wash your hands. The Center for Disease Control and Prevention is a very good resource for information about COVID-19 and frequently asked questions about COVID-19 vaccination. Yes, it is coming up on almost a year since we started taking precautions against COVID-19. We all miss a lot of things we took for granted before the pandemic. Educate yourself with reliable information, get the vaccine, and help save lives. Hopefully soon, we will be able to see family and friends that we have missed so much.

Another bonus to being vaccinated per CDC is:
Vaccinated persons with an exposure to someone with suspected or confirmed COVID-19 are not required to quarantine if they meet all of the following criteria:

- Are fully vaccinated (i.e., ≥2 weeks following receipt of the second dose in a 2-dose series, or ≥2 weeks following receipt of one dose of a single-dose vaccine).
- Are within 3 months following receipt of the last dose in the series.
- Have remained asymptomatic since the current COVID-19 exposure.

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"Vaccine"- continued from Page 1

Persons who do not meet all three of the previously mentioned criteria, should continue to follow current quarantine guidance after exposure to someone with suspected or confirmed COVID-19.

As an exception to the previously mentioned guidance no longer requiring quarantine for fully vaccinated persons, vaccinated inpatients and residents in healthcare settings should continue to quarantine following an exposure to someone with suspected or confirmed COVID-19; outpatients should be cared for using appropriate Transmission-Based Precautions. This exception is due to the unknown vaccine effectiveness in this population, the higher risk of severe disease and death, and challenges with social distancing in healthcare settings.

Source: cdc.gov

The residents of Village Manor wanted our local city/county outside workers, first responders, law enforcement, paramedics, EMTs, and firemen to stay warm for a bit and show how much they are appreciated. So they were invited to Village Manor on February 17th, from 8 a.m. to noon, for some hot chocolate and a cinnamon roll. Thank you to all who stopped by, and THANK YOU for all that you do!

MARCH

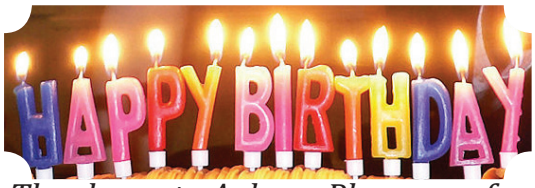
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 9:00 News & Prayer 9:30 Travel Bingo 11:00 Boxing 2:00 Treats 6:30 Cinema Night	**2** 9:00 Resident Council 10:00 Resident Meeting 11:00 Drums 2:00 Cards 3:00 Singing 6:30 Cards	**3** 8:30 Radio 9:00 News & Prayer 9:30 Travel Bingo 10:00 Jason Kohler 2:00 Treats 6:30 Games	**4** 9:00 News & Prayer 9:30 Travel Bingo 10:00 Drums 2:00 Treats 6:30 Movies	**5** 9:00 News & Prayer 9:30 Travel Bingo 11:00 Casino 2:00 Treats 3:00 Gift Cart 6:30 Puzzle Time	**6** 11:00 Balloon Toss 3:00 Puzzle Time 6:30 Cinema Night
7 10:00 Morning Church 11:00 Noodle Ball 6:30 Coloring Fun	**8** 9:00 News & Prayer 9:30 Travel Bingo 11:00 Boxing 2:00 Treats 6:30 Cinema Night	**9** 9:00 News & Prayer 9:30 Travel Bingo 11:00 Drums 2:00 Treats 3:00 Piano 6:30 Puzzles	**10** 8:30 Radio 9:00 News & Prayer 9:30 Travel Bingo 10:00 Jason Kohler 2:00 Treats 6:30 Games	**11** 9:00 News & Prayer 9:30 Travel Bingo 10:00 Drums 2:00 Treats 3:00 Piano Time 6:30 Cards	**12** 9:00 News & Prayer 9:30 Travel Bingo 11:00 Casino 2:00 Treats 3:00 Gift Cart 6:30 Puzzle Time	**13** 11:00 Balloon Toss 3:00 Puzzle Time 6:30 Halls Choice
14 10:00 Morning Church 11:00 Ball Toss 6:30 Coloring Time ***Daylight Saving Time Begins***	**15** 9:00 News & Prayer 9:30 Travel Bingo 11:00 Boxing 2:00 Treats 6:30 Cinema Night	**16** 9:00 News & Prayer 9:30 Travel Bingo 11:00 Drums 1:00 Library 2:00 Treats 6:30 Cards	**17** 8:30 Radio 9:00 News & Prayer 10:00 Memorial Service **2:00 St. Patrick's Day Party!** 6:30 Games	**18** **7:30-9:00 AM Cafe** 9:30 News & Prayer 10:00 Drums 11:00 Nails 3:00 Piano Time 6:30 Games	**19** 9:00 News & Prayer 9:30 Travel Bingo 11:00 Casino 2:00 Treats 3:00 Gift Cart 6:30 Puzzles	**20** 11:00 Balloon Toss 3:00 Puzzle Time 6:30 Cinema Night ***Spring Begins***
21 10:00 Morning Church 11:00 Ball Toss 6:30 Coloring Fun	**22** 9:00 News & Prayer 9:30 Travel Bingo 11:00 Boxing 2:00 Treats 6:30 Cinema Night	**23** 9:00 News & Prayer 9:30 Travel Bingo 11:00 Drums 2:00 Treats 6:30 Puzzles	**24** 8:30 Radio 9:00 News & Prayer 9:30 Travel Bingo 10:00 Jason Kohler 2:00 Treats 6:30 Games	**25** 9:00 News & Prayer 9:30 Travel Bingo 10:00 Drums 3:00 Piano Time 6:30 Games	**26** 9:00 News & Prayer 9:30 Travel Bingo 11:00 Casino **3:00 Month Birthdays** 3:00 Gift Cart 6:30 Cards	**27** 11:00 Balloon Toss 3:00 Puzzle Time 6:30 Halls Choice
28 10:00 Morning Church 11:00 Ball Toss 6:30 Coloring fun	**29** 9:00 News & Prayer 9:30 Travel Bingo 11:00 Ball 2:00 Treats 6:30 Cinema Night	**30** 9:00 News & Prayer 9:30 Travel Bingo 11:00 Drums 2:00 Treats 6:30 Puzzles	**31** 8:30 Radio 9:00 News & Prayer 9:30 Travel Bingo 10:00 Jason Kohler 2:00 Ball 6:30 Cards			

Available Daily: games, books, puzzles, movies, manicures, horseshoes, and more.

One-to-Ones Daily
**Activities Subject to Change*

Resident Birthdays

Steven Krenzin	Mar. 1
Shirley Copas	Mar. 2
Douglas Plunkett	Mar. 3
Thelma Hicks	Mar. 8
Anne Robson	Mar. 15
Mabel Gilberg	Mar. 18



Thank you to Auburn Pharmacy for providing the birthday cake

Welcomes

Willard Davis
Gerald Taylor
Lester Hargrave
Carlene Taylor

In Memory

Della Henkle
Doris 'Didi' Davis
Reva Smith
Betty Musgrave
Florence Smith

Discharges

Robert 'Joe' Foltz

Staff Birthdays

Sherreé Osland	Mar. 1
Sarah Wernecke	Mar. 4
Gregg Biggs	Mar. 6
Jenny Littlejohn	Mar. 8
Megan Hand	Mar. 14
Joni Davis	Mar. 15
Nevaeha St. Julien	Mar. 16
Cecelia Murphy	Mar. 18
Lori Meyer	Mar. 25
Amy Boyer	Mar. 26
Kylie Engle	Mar. 26

Welcome to our Team!

Olivia Davis	CNA
Reaghan Shirack	CNA
Mariah Furrer	Dietary Aide

Our Meals on Wheels volunteer drivers faithfully come through, no matter the weather! Thank you for caring. Safe travels always.

FOR MORE PICTURES FROM EVENTS AND ACTIVITIES AT VILLAGE MANOR, BE SURE TO LIKE AND FOLLOW US ON FACEBOOK.

Thinking Beyond Your Loved One

Contributed by Ashley Hernandez, Village Manor Medical Records Manager

"The ultimate goal is to make sure you have all the decision-making rights you need to manage your loved one's affairs." Below are some tips on how to protect your loved one's legal rights and even your own.

- **Have the right documents:** make sure your loved one has a durable power of attorney for both Healthcare and Financial affairs. These legal documents will allow an appointed person to make medical and/or fiscal decisions for a frail or incapacitated relative. Your loved one needs to create these documents when he or she is still capable of making decisions. Make sure they also have a Living Will, which spells out their wishes for care and a signed DNR if they wish to proceed that way.

- **Make a family plan:** discuss care-giving matters with all involved members of your family. Put in writing who will be responsible for which care-giving roles and have all parties sign. Although, this is not a legal document, it will help keep peace within the family by making everyone's roll clear.

- **Organize important papers:** make sure these documents are organized into files that are easy to navigate for future use…birth certificate, marriage certificate, divorce decree, citizenship papers, death certificate of a spouse of parent, power(s) of attorney, deeds to property, deeds to cemetery plots, military discharge papers, insurance policies, pension benefits.

- **Explore potential financial help:** investigate public benefits like *Social Security Disability Insurance, Supplemental Security Income, Veteran's benefits, Supplemental Nutrition Assistance Program (food stamps), Medicare and Medicaid*. Examine your loved one's insurance and retirement plans that includes their life insurance, disability coverage, pension benefits, long-term care insurance and workplace health insurance, if applicable.

- **Look for tax breaks and life insurance deals:** Your loved one may be able to claim federal tax dedications for many health care costs like for a hospital bed, wheelchair, expenses not covered by health insurance or hiring a short-term or part-time home health aide.

Source: aarp.org/caregiving

FUN FOR THE BIG GAME

Valentine's Day Party Prep & Party Fun