

# Village Vine

Monthly Newsletter of Village Manor



## Building in Process for New Hospice Room at Village Manor

By Haley Jones, Director of Marketing and Development



Memorial Health System (MHS) is excited to announce that a hospice room is finally in the building phase at Village Manor, with the help of funds from Hospice of Dickinson County. This new development exemplifies what teamwork, community, and compassionate care really mean to MHS!

Hospice of Dickinson County and Village Manor, both affiliates of MHS, have been providing services to the Abilene community and the surrounding area for over 40 years. Their combined knowledge of taking care of elderly residents, homebound individuals, and those who are terminally ill makes them the top choice when considering who will care for your loved ones; *in the home or the long-term care facility.*

Village Manor is a 75-bed long-term care facility that focuses on each person’s level of care. Included is a special care unit for those with Alzheimer’s and dementia, short-term recovery rooms, skilled nursing, adult day care, onsite rehabilitation services, and soon a new hospice room!

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## Cont. Hospice Room at Village Manor

MHS currently has a hospice room located at the hospital in the Inpatient Department; which is utilized for patients who require extra monitoring (hospice acute) on a short-term basis, and for hospice respite stays. The residents of Village Manor rarely use the inpatient hospice room since they already have more direct care options available through the facility that they live in. When residents of Village Manor come to pass, they may do so with the assistance of hospice staff, but until now, the space in which this outcome takes place has lacked the kind of privacy that is deserved during this time.

The new hospice room is currently being built using space from hall 5, which was previously used for family visiting and other daily activities. The room has been cleared of carpet and the exterior door has been installed. This private entrance will not only allow loved ones to come and go with discretion, but it also allows the deceased person to be taken out of the building in a non-public way. Just outside of this door, there are plans for a gazebo where loved ones may step out of the room if needed. Having a hospice room onsite at Village Manor is also beneficial for the roommate of the passing

resident. When an individual approaches the end of life and the family is notified, there can be many visitors trying to come in and out of a room that is shared by two residents. It is not an ideal situation for anyone.

It was an easy decision for the Hospice Board of Directors to approve the motion to move forward with the building of the new hospice room with the unfortunate passing of two amazing women who were among the group of founders who initiated the hospice program here in Dickinson County. Those women are Elizabeth “Beth” Schmitt, who passed on May 5, 2023, and Jo Ann Royer, who passed on July 25, 2023. Both Jo and Beth spent a great many years of their lives helping make the hospice program what it is today through their hard work as Hospice Volunteer Coordinators as well as their continued dedication to hospice as Direct Patient Volunteers and Hospice Advisory Board Members. The hospice rooms at Memorial Hospital and Village Manor are being named in their honor.

More heartwarming news to accompany this announcement is that of a generous \$25,000.00 donation made by the family of Beth Schmitt. This donation will help purchase a new bed and lift for the hospice room located at

the hospital.

Jo and Beth, may not be here in a physical sense anymore, but the work they left behind is beyond admirable. Hospice of Dickinson County staff and volunteers want to share their accomplishments with the community in a way that cannot be done with a short news story. Planning is underway to display the work done by these women. Watch for details on that in the coming months!

Donations with the Hospice Memorial Fund are used to help the hospice program provide patient care and quality services. Improving upon the current hospice room and building a new one, are just a couple of examples. Hospice of Dickinson County also uses donations to help offset costs for hospice care and bereavement support. MHS believes that every individual, *and their loved ones*, should receive the best care regardless of their ability to pay.

For information about giving, please contact Hospice of Dickinson County at 785-263-6630 or stop by the office at 1111 N Brady in Abilene. You may also mail donations directly to the office as well.

## GET TO KNOW ROSETTA CREACH, IMPACT SPORTS AND FITNESS OFF-SITE CLIENT

By Billy Hansen, Public Relations Coordinator



Rosetta Creach, a resident of Village Manor, has been an off-site client of Impact Sports and Fitness for almost one year.

Mona Pflaster, Nationally Certified Personal Trainer at Impact Sports and Fitness, goes to Village Manor twice per week to work with Rosetta. “I enjoy the time with Mona,” said Rosetta. “She helps me with my Parkinson’s condition and helps me keep moving and stay active.” Mona assists Rosetta with a full-body workout that includes working on balance and the use of exercise bands, weights, Pilate balls, and other exercise equipment.

Rosetta is 80 years of age and her hometown is Abilene. She enjoys reading, puzzles, and cards.

Thank you Rosetta for being a part of the Impact Sports and Fitness “family.” We appreciate you choosing us for your fitness routine.

Rosetta benefits from the use of funds from the Parkinson’s program at Impact Sports and Fitness. A large portion of the funds for the program comes from the Coyote Crazy Parkinson’s Benefit Poker Walk. If you, or someone you know, can benefit from the Parkinson’s program, FREE of charge, contact Impact Sports and Fitness.

Impact Sports and Fitness offers a variety of services including personal training – with nationally certified trainers, group classes, and an array of strengthening and weight machines. If interested in off-site training (available at facilities), please call for more information. We are a fitness center for all ages and levels of ability... it doesn’t matter if you’re a beginner, an athlete, or anywhere in between – you will feel right at home. Visit us online at: [mhsks.org/impact](http://mhsks.org/impact), and follow us on Facebook and Instagram. Impact Sports and Fitness, your full-service fitness center, in downtown Abilene.

## “May Day” - May 1 - celebrates the return of spring!

Traditionally, it was the halfway point between the spring equinox and the summer solstice. As with many early holidays, May Day was rooted in agriculture. Springtime festivities filled with song and dance celebrated the sown fields starting to sprout. Cattle were driven to pasture, special bonfires were lit, and doors of houses as well as livestock were decorated with yellow May flowers. May Day has a long history and tradition in England, some of which eventually came to America. Children would dance around the maypole, holding onto colorful ribbons. People would “bring in the May” by gathering wildflowers and green branches, weaving floral hoops and hair garlands, and crowning a May king and queen.



# Break the Stigma

Article provided by Memorial Health System's Senior Life Solutions



Help us break the stigma surrounding mental health this May, Mental Health Awareness Month! Stigma and discrimination often keep people who are experiencing a mental health challenge from seeking the help and support they need. It's time to change that narrative. By raising awareness, promoting understanding, and fostering empathy, we can create a community where mental health is openly discussed and supported. Here's how you can help:

**Educate Yourself:** Learn about mental health conditions, their symptoms, and available treatments to combat misconceptions and stereotypes.

**Start Conversations:** Initiate open and honest discussions about mental health with friends, family, and colleagues to create a safe space for sharing experiences and seeking support.

**Share Stories:** Instill courage in others by sharing your own experiences to inspire fellow community members facing mental health challenges to seek help without fear of judgment.

Together we can break the silence, show compassion, and build a community where everyone feels supported and accepted, regardless of their mental health journey.

Join us in breaking the stigma this Mental Health Awareness Month!


## WE CAN HELP.

Our outpatient program is designed to meet the unique needs of older adults experiencing depression and/or anxiety related to life changes that are often associated with aging or a chronic diagnosis. Anyone can make a referral to our program, including friends, family, health



## FIVE MENTAL HEALTH TIPS FOR THE WEEK!

- 1 MONDAY**  
Make a list of 5 things you're grateful for today.
- 2 TUESDAY**  
Practice positive affirmations.
- 3 WEDNESDAY**  
Start a conversation about mental health.
- 4 THURSDAY**  
Stay hydrated.
- 5 FRIDAY**  
Take a break from screens (phone, computer, etc.)



## Did you know.....

The Memorial Hospital Cafeteria serves lunch and breakfast, and it is open to everyone?

Come try a yummy and nutritional meal prepared by health system staff. Dine-in or carry-out!

**Breakfast Hours: 7am to 8:30am**

*Several options to choose from everyday.  
Tuesdays - "Biscuits and Gravy Day"*

**Lunch Hours: 11:30am to 1:00pm**

*Every day is a different hot entrée, the salad bar has many options for you to create your own salad, and the staff makes delicious desserts, you'll want to try them all!*

**Village Manor is seeking volunteers!  
785-263-6692**

**FOLLOW VILLAGE MANOR ON FACEBOOK!**

**CALL 785-263-1431 AND GET ADDED TO OUR E-NEWSLETTER LIST TO READ THE VILLAGE VINE ONLINE.**

**Welcome New Residents**

Francis Steiner  
 Joe Hess  
 Diane Smith  
 Ruth Phillips  
 Nancy Bush  
 Katherine Neaderhiser  
 Wayne Strong  
 John Bishop  
 Jean Bishop  
 Robert Milburn

**Welcome New Staff**

NA

**Resident Birthdays**

05/04 Francis Steiner  
 05/06 Pamela Tate  
 05/08 June Taylor  
 05/17 Donald Zumbrunn  
 05/17 Nancy Bush  
 05/25 Sylvia Shipman  
 05/31 Betty Seibel

**Staff Birthdays**

05/10 Maya Newcomer  
 05/12 Dylan Robertson  
 05/15 Mariah Furrer  
 05/17 Tina Cozad  
 05/19 Cheryl Robinson  
 05/19 Riley Ann Marbut  
 05/19 Sara Tyler  
 05/21 Maura Meyer  
 05/24 Kyle Millstead  
 05/27 Melina Arellano  
 05/31 Miriam Ochoa

**Discharges**

Katherine Neaderhiser



**We could use your help!**



**It's that time again....come help us with the gardens at Village Manor. Call for more information. Ask for Mitch or Andy 785-263-1431**

*Village Manor Residents—Want to share a story, give a shout out, spread good news or important information? Please make submissions to Andy or Loretta, and they will forward it to the MHS Marketing Department.*

**Activities are subject to change!**

**Available Daily**

Games, books, cards, puzzles, movies, manicures, horseshoes, bean bag toss, and more!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1-on-1s Daily in Rooms  Pet Therapy All Month Long	We are gifted with Electronics that you can use to visit family, play games and play music just to name few ideas.		<b>1</b> 9:00 NDC 9:30 Devotionals 10:00 Cards 11:00 Res. Choice 2:10 -2:45 Student Resident Party	<b>2</b> 9:00 NDC 9:30 Devotionals 11:00 Drums 2:45 Snacks 3:00 Bowling 6:30 Games	<b>3</b> 9:00 NDC 9:30 Devotionals 10:00 Cards 11:40 Impact 2:45 Res. Choice 6:30 Movies	<b>4</b> 10:00 Movies 3:00 Puzzles 6:30 Coloring
<b>5</b> 10:00 Movies 11:00 Morning Church 6:30 Games	<b>6</b> 9:00 Reminisce 10:00 Game of Choice 3:00 Bingo 6:30 Dominoes	<b>7</b> 9:30 NDC 10:00 Res. Mtg & Res. Council 2:00 Res. Choice 6:30 Games	<b>8</b> 9:00 NDC 10:00 Cards 11:00 Dice 3:00 Puzzles 6:30 Coloring	<b>9</b> 9:00 NDC 9:30 Devotionals 11:00 Drums 12:00 BBQ 2:30 1 on 1 2:45 Res. Choice 6:30 Cards	<b>10</b> 9:00 NDC 9:30 Devotionals 10:00 Cards 10:40 Impact 2:00 MD Party 6:30 Movies	<b>11</b> 10:00 Movies 3:00 Puzzles 6:30 Checkers
<b>12</b> 10:30 Movies 11:00 Morning Church 6:30 Coloring  Happy Mother's Day!	<b>13</b> 9:30 Reminisce 10:00 Game of Choice 2:45 Snacks 3:00 Bingo 6:30 Dominoes	<b>14</b> 9:00 NDC 10:00 Cards 12:00 Lunch/Chat outside 2:45 Res. Choice 6:30 Games	<b>15</b> 9:00 NDC 9:30 Devotional 10:00 Cards 3:00 Nails 6:30 Coloring	<b>16</b> 7:30-9:00 AM CAFE 9:30 Devotionals 10:00 Cards 11:00 Drums 2:45 Res. Choice 6:30 Games	<b>17</b> 9:00 NDC 9:30 Devotionals 10:00 Cards 10:40 Impact 2:00 Res. Choice 6:30 Movies	<b>18</b> 10:00 Movies 3:00 Puzzles 6:30 Cinema Night
<b>19</b> 10:00 Movies 11:00 Live Church i 6:30 Coloring	<b>20</b> 9:30 Reminisce 10:00 Game of Choice 2:45 Snacks 3:00 Bingo 6:30 Coloring	<b>21</b> 9:00 NDC 10:00 Cards 10:30 Games 12:00 Lunch/Chat outside 2:00 Res. Choice 3:00 Music 6:30 Games	<b>22</b> 9:00 NDC 9:30 Devotional 10:00 Cards 11:00 Res Choice 6:30 Games	<b>23</b> 9:00 Cards 10:00 Memorial Service 11:00 Drums 12:00 BBQ 3:00 Whats4Dinner	<b>24</b> 9:00 NDC 10:00 Cards 10:40 Impact 2:00 Nails 3:00 Res Choice 6:30 Movies	<b>25</b> 10:00 Movies 3:00 Puzzles 6:30 Cinema Night
<b>26</b> 10:00 Morning Church 11:00 Movies 6:30 Coloring	<b>27</b> 9:30 Reminisce 10:00 Game of Choice 3:00 Bingo 6:30 Dominoes	<b>28</b> 9:00 NDC 10:00 Cards 12:00 Lunch/Chat outside 2:00 Res. Choice 3:00 Dice 6:30 Games	<b>29</b> 9:00 NDC 10:00 Cards 11:00 Drums 3:00 Puzzles 3:30 Library 6:30 Coloring	<b>30</b> 9:00 NDC 9:30 Devotional 10:00 Cards 2:00 Nails 2:45 Res. Choice 6:30 Checkers	<b>31</b> 9:00 NDC 10:00 Cards 10:40 Impact 2:00 Nails 3:00 Birthday Cake! 6:30 Movies	