

Village Vine

Monthly Newsletter of Village Manor



NIGHT ON THE TOWN

Village Manor Residents Take in a Night of the Rodeo
by Ruth Nicolaus, Wild Bill Hickok Rodeo Publicist

Every year, the residents at Village Manor in Abilene, Kansas get a special treat. They attend the Wild Bill Hickok Rodeo.

For more than a dozen years, the staff at Village Manor transports the residents to the Central Kansas Free Fair in Abilene, where the residents sit on the west side of the arena, watching the rodeo.



They love it, said Cheryl Robinson, activities director at Village Manor. “They anticipate it,” she said, “and they talk about it for weeks after it’s over.” Approximately ten residents attend the rodeo each year, if the weather allows it. Last year, it was unusually hot, and the residents didn’t go. The number of residents who attend depends on staff, Robinson said. It takes extra people to get wheelchairs and people with walkers in and out of the van, and into their seats at the rodeo grounds. They rely on staff to volunteer for the work, even though they are paid for it. Some of the residents are diehards, she said, willing to go even if the weather is hot and muggy. “They’d still go, if we let them,” she said. Sometimes former neighbors will recognize their senior friends and stop by and say hi. “They’ll see friends there, that come down and talk to them.”



They take snacks and drinks with them, and sometimes purchase cotton candy or popcorn. Village Manor has a resident fund to pay for the refreshments. In the past, they’ve enjoyed the rodeo parade, too, at times riding in it in a bus or air-conditioned van, and sometimes watching from the lawn at Frontier Estates, if it isn’t too hot.

“Rodeo week is a big week,” Robinson said. For years, Bud and Linda Bankes purchased tickets for the residents, free of charge. When they sold their business, Bankes Pharmacy in Abilene, their son, Scott Bankes, asked his employer, TCT, to purchase tickets, and they have continued the tradition. Robinson says the annual trip to the Wild Bill Hickok Rodeo is a highlight for the residents.

“It makes them feel good,” she said. “It makes them feel like they are leading a productive life. It’s good entertainment, and it puts them in a good mood.” The Wild Bill Hickok Rodeo will be held in Abilene July 29-August 1. Performances begin at 7:30 nightly.

Inside this issue

Residents Enjoy
Fireworks 2

How to Form
Friendships as an
Older Adult 3-4

Upcoming C.N.A.
Class Options;
Values in Action
Recipient; Consider
Volunteering 5

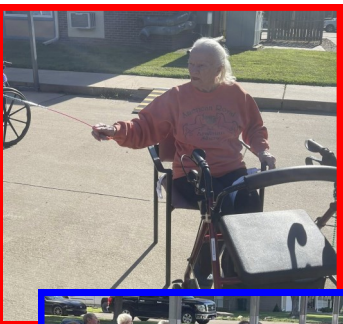
Mr. & Mrs. Gibson’s
milestone; Attention:
No Crocs or Similar
Footwear 6

Welcome New
Residents and Staff,
Resident and Staff
Birthdays, Discharges,
In Memory 6

August Calendar ... 7

RESIDENTS ENJOY FIREWORKS

Residents of Village Manor enjoyed fireworks to celebrate Independence Day. We appreciate staff, residents, and families for their contribution to the success of our fireworks display!



HOW TO FORM FRIENDSHIPS AS AN OLDER ADULT

COMMUNITY EDUCATION



STAYING SOCIAL: HOW TO FORM FRIENDSHIPS AS AN OLDER ADULT



As people age, maintaining and forming new friendships can become more challenging. Life transitions such as retirement, relocation, or the loss of loved ones can contribute to feelings of isolation. However, staying socially connected is essential for emotional well-being and even physical health. Here are some practical ways older adults can make new friends later in life.

TIPS ON MAKING FRIENDS AS AN OLDER ADULT

- 1. Engage in Community Activities:** Participating in local events, classes, or workshops can introduce you to individuals with similar interests. Whether it's joining a book club, attending art classes, or participating in gardening groups, these activities provide natural settings for social interaction. As highlighted by the Harris County Public Library, taking basic steps to engage in community activities can enhance one's social life.
- 2. Volunteer Your Time:** Volunteering offers a dual benefit: contributing to a cause you care about while connecting with others. Activities like delivering meals or participating in community projects not only provide social engagement but also personal fulfillment.

Check out the next page for more information about forming friendships!

TIPS ON MAKING FRIENDS AS AN OLDER ADULT CONTINUED

3. Attend Religious or Spiritual Gatherings: Places of worship often serve as community hubs, offering both spiritual enrichment and social opportunities. Attending services or joining study groups can connect you with like-minded individuals.

4. Leverage Technology: The digital age has opened new avenues for connection. Joining online communities or social media groups centered around your interests can lead to meaningful interactions. For instance, initiatives like the [Ethel Facebook community by AARP](#) have helped older women connect and rejuvenate their social lives.

5. Pursue New Hobbies: Exploring new interests can lead to meeting individuals outside your usual social circles. Whether it's learning a musical instrument, taking up painting, or joining a dance class, new activities can open doors to new friendships.

6. Join a Group Therapy Program: Life's transitions, such as retirement or the loss of a loved one, can be challenging. Group therapy offers a space to share experiences and connect with others facing similar situations, fostering deep and understanding relationships.

7. Reconnect with Past Friends: Reaching out to old friends can rekindle meaningful relationships. Shared history can provide a strong foundation for renewed connections.

8. Embrace Intergenerational Friendships: Building relationships with individuals from different age groups can offer fresh perspectives and enrich your social life. Engaging in community activities that attract diverse age groups can facilitate these connections.



WE CAN HELP.

Our hospital-based outpatient program is designed to meet the unique needs of older adults experiencing depression and/or anxiety related to life changes that are often associated with aging or a chronic diagnosis. Anyone can make a referral to our program, including self-referrals, provider referrals, or community consultations.

4 **Call us today at 785-263-6805**

UPCOMING C.N.A. CLASS OPTIONS; VALUES IN ACTION RECIPIENT; CONSIDER VOLUNTEERING

CLOUD COUNTY COMMUNITY COLLEGE
ALLIED HEALTH
CERTIFIED NURSE AIDE COURSE

August 13, 2025 - October 8, 2025
Online/Hybrid Course - 5 credit hours (AH197 BAG)

Location: CCCC Geary County Campus (GCC)
631 Caroline Avenue | Junction City | Building A2
Mandatory orientation: July 30, 2025 • 10 a.m.

Clinical schedule:
Village Manor
705 N. Brady, Abilene, Kansas

August 21	9 a.m.-4 p.m., Building B
August 28	9 a.m.-4 p.m., Building B
September 4	9 a.m.-4 p.m., Building B
September 11	7 a.m.-3 p.m., Village Manor
September 18	7 a.m.-3 p.m., Village Manor
September 25	7 a.m.-3 p.m., Village Manor
October 2	7 a.m.-3 p.m., Village Manor
October 7	7 a.m.-3 p.m., Village Manor
State Test - Friday October 10, 2025 @ 10:00am • Building A	

Instructor: Linda Ramsey, RN
Cost:
\$805, payable to Cloud County Community College
Includes license fee. Book not included.
High School students can use the CTE waiver and pay only \$100
(Includes license fee. Book not included)
Registration is required, and class size is limited.

Email Cloud County Nursing Department
at nursing@cloud.edu, for more information.

How to Apply
www.cloud.edu
Click "Apply Now"
to complete the
application for admissions

How to Enroll
Enroll online
or contact
Advising at
800.729.5101, ext. 275

Payment
Pay online or call
Cloud's Business Office
at 800.729.5101,
ext. 202, 203 or 205

CLOUD COUNTY
Community College
Concordia • Geary County
Online & Outreach
800.729.5101 • www.cloud.edu

Join us in congratulating our Values in Action recipient, **Loretta McMillen, Social Worker at Village Manor in Abilene.**

Memorial Hospital recently had a patient who wanted to go to Village Manor for skilled services but was in need of a primary care physician (PCP) to follow the patient there. Loretta offered to take on this task and secured a PCP for the patient with Heartland Health Care Clinic in less than one day! Staff, the patient, and the family are so very appreciative of the help she provided (and doing it so quickly). Thank you Loretta!



Values in Action



Congratulations
Loretta

CLOUD COUNTY COMMUNITY COLLEGE
ALLIED HEALTH
CERTIFIED NURSE AIDE COURSE

August 13, 2025 - December 11, 2025
Online/Hybrid Course - 5 credit hours (AH197 ABG)

Location: CCCC Geary County Campus
631 Caroline Avenue | Junction City | Building A2
Mandatory orientation: Wednesday, July 30 • 1 p.m.

Clinical schedule:
Cloud County Community College
Village Manor

August 27	8:00 a.m.-3:00 p.m. Village Manor
September 10	8:00 a.m.-3:00 p.m. Village Manor
September 24	8:00 a.m.-3:00 p.m. Village Manor
October 8	8:00 a.m.-3:00 p.m. Village Manor
October 22	8:00 a.m.-3:00 p.m. Village Manor
November 5	8:00 a.m.-3:00 p.m. Village Manor
November 19	8:00 a.m.-3:00 p.m. Village Manor
December 10	8:00 a.m.-3:00 p.m. Village Manor
*State Test - Tues, December 12, 2025. 11 a.m. • Building A	

Instructor: Linda Ramsey, RN
Cost:
\$805, payable to Cloud County Community College
Includes CNA license fee. Book not included.
High School students can use the CTE waiver and pay only \$100
(Includes license fee. Book not included)
Registration is required, and class size is limited.

Email Cloud County Nursing Department
at gcadvisement@cloud.edu, for more information.

How to Apply
www.cloud.edu
Click "Apply Now"
to complete the
application for admissions

How to Enroll
Enroll online
or contact
Advising at
785.238.8010, ext. 714

Payment
Pay online or call
Cloud's Business Office
at 785.243.1435,
ext. 202, 203 or 205

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Community College
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800.729.5101 • www.cloud.edu

GIVE BACK. CONNECT. BELONG.

Are you seeking a meaningful way to give back to your community? Looking to connect with others and find purpose? Memorial Health System (MHS) needs compassionate individuals to help support the care we provide every day. Whether you have medical experience or not, you can make a difference. Our volunteers are the heart behind the care we give at MHS. From offering a warm welcome to patients and visitors to assisting behind the scenes. Every hour donated makes a powerful impact! "Volunteering at MHS is a fulfilling way to connect with others and be a part of something bigger than yourself," says Volunteer Manager Jenny Stuck.

What can You do as a Volunteer?

Choose how and when you serve—volunteer your way! Greet patients and visitors as a Lobby Ambassador and assist with wheelchair transportation; Helping in the Caring Hearts Gift Shop; Delivering flowers and mail to patient rooms; Assisting the Marketing Department with tasks like folding newsletters and brochures, and updating waiting room materials; Serving on the Craft and Card Committees; Taking on a leadership role for the Volunteer Board. *Whether it's once a week or a few hours a month, your time matters!*

Call Jenny Stuck at 785-263-6692 or visit the Volunteer Office at Memorial Health System, located in the Memorial Hospital lobby. Apply online at: mhsks.org/mhs-volunteer-application/

Welcome New Residents

Leonard Herrs
Fern Dolezal
Lisa Stark
Ralph Weller

Welcome New Staff

None to report

Resident Birthdays

08/06 Linda Chase
08/25 Della Leadford
08/28 Vivian Jackson

Staff Birthdays

08/04 Wendy Stenger
08/27 Skyla Barajas

Discharges

Doris Chaput



In Loving Memory

Harold "Wayne" Strong
Fern Knauss
Robert Daily

CONGRATULATIONS!

Mr. and Mrs. Gibson achieved a remarkable milestone on July 18th. They celebrated their 61st anniversary; exemplifying the profound significance of love. Mr. Gibson emphasizes the importance of mutual respect and restraint from hurtful comments. The staff's contribution to making this couple feel special is gratefully recognized.



ATTENTION: Please **DO NOT** provide residents with Crocs brand, or similar type shoes, as this type of footwear is not safe. They catch on carpet and cause falls. If you have a family member wearing these shoes, please look into providing them with an alternative footwear. If you have questions, please call Village Manor. - *Thank you*

Village Manor is seeking volunteers!
785-263-6692

FOLLOW VILLAGE MANOR ON FACEBOOK!



**2025
AUGUST**



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Activities are subject to change!	We have a group that plays cards & dominoes about every day. If you would like to play or learn to play, see Bob or Cheryl for details!	Planning trip to flower garden.			1 9:00 NDC 9:30 Devotional 10:00 Cards 10:30 Resident Choice 2:45 Snacks 6:30 Movies	2 10:00 Movies 3:00 Resident Choice 6:30 Adult Color
3 10:00 Movies 3:00 Live Church w/ Tom Bishop 6:30 Cards	4 9:00 NDC 9:30 Reminisce 10:00 Cards 2:45 Snacks 3:00 Bingo 6:30 Dominoes	5 9:00 Resident Council 9:30 Resident Meeting 10:00 Cards 2:00 Resident Choice 2:45 Snacks 6:30 Games	6 9:00 NDC 10:00 Cards 10:30 Impact 2:45 Snacks 6:30 Color Time	7 9:00 NDC 9:30 Devotional 11:00 Resident Choice 12:00 L.C. 2:30 Resident Choice 2:45 Snacks 6:30 Cards	8 9:00 NDC 9:30 Devotional 10:00 Cards 2:30 Resident Choice 6:30 Movies	9 10:00 Movies 3:00 Cards 6:30 Checkers
10 10:00 Movies 3:00 Live Church w/ Tom Bishop 6:30 Coloring Fun	11 9:30 Reminisce 10:00 Games of Choice 2:45 Snacks 3:00 Bingo 6:30 Puzzles	12 9:30 Devotional 10:30 Resident Choice 11:00 Cards 12:00 L&C 2:45 Snacks 3:00 Cards 6:30 Games	13 9:00 NDC 10:00 Cards 10:30 Impact 2:45 Snacks 6:30 Color Time	14 9:00 NDC 10:00 Cards 11:00 Resident Choice 12:00 BBQ 2:45 Snacks 3:00 Nails 6:30 Games	15 9:00 NDC 9:30 Devotional 10:00 Cards 1:30 Music 6:30 Puzzles	16 10:00 Movies 3:00 Resident Choice 6:30 Cinema Night
17 10:00 Movies 10:30 Live Church w/ Carswell Flanna 6:30 Coloring Fun	18 9:30 Reminisce 10:00 Games of Choice 2:45 Snacks 3:00 Bingo 6:30 Coloring	19 9:00 NDC 9:30 Devotional 10:00 Cards 12:00 L&C 1:00 Nails 2:45 Snacks 6:30 Games	20 9:00 NDC 10:00 Cards 10:30 Impact 2:45 Snacks 6:30 Resident Choice	21 7:30-9:30 AM CAFÉ 9:30 NDC 9:30 Devotional 11:00 Cards 2:45 Snacks	22 9:00 NDC 9:30 Devotional 10:00 Cards 2:30 Resident Choice 6:30 Movies	23 10:00 Movies 3:00 Puzzle Time 6:30 Cinema Night
24 11:00 Movies 3:00 Live Church w/ Tom Bishop 6:30 Coloring Fun	25 9:00 NDC 9:30 Reminisce 10:00 Games of Choice 2:45 Snacks 3:00 Bingo 6:30 Puzzles	26 9:00 NDC 9:30 Devotional 10:00 Cards or dominoes 1:00 Nails 2:45 Snacks 6:30 Games	27 9:00 NDC 9:30 Devotional 10:00 Cards 10:30 Impact 11:00 Dominoes 3:00 Library 6:30 Movies	28 9:00 NDC 9:30 Devotional 11:00 Resident Choice 12:00 BBQ 2:30 Resident Choice 2:45 Snacks 6:30 Cards	29 9:00 NDC 9:30 Devotional 10:00 Cards 2:30 Birthday Party 6:30 Movies	30 10:00 Movies 3:00 Puzzle Time 6:30 Cinema Night
31 SAME AS ABOVE						