



January 2026



# Patient and Visitor

MEMORIAL HEALTH SYSTEM  
ABILENE, KANSAS

A MONTHLY HEALTHCARE NEWSLETTER FOR OUR PATIENTS AND FRIENDS

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## Follow us on Facebook and Instagram!



## Memorial Health System names Tori Bowers Chief Financial Officer

Memorial Health System (MHS) is pleased to announce that Tori Bowers has accepted the position of Chief Financial Officer.

Bowers has been with MHS since 2020 serving as controller, and has played a key role in strengthening the organization's financial operations. In her previous role, she oversaw monthly financial reporting, budgeting, revenue cycle oversight, accounts payable and payroll at MHS. She also brings valuable experience in finance through previous roles with Koch Industries, Sunflower Bank and Steel and Pipe Supply Company.

"Tori brings a strong background in health care finance and accounting, along with a proven track record of leadership, process improvement and operational excellence," said Kimberly Haverly, MHS administrator. "We are confident she will continue to strengthen our organization and guide our financial strategy in this new role."

Bowers replaces Elgin Glanzer who retired in December. Glanzer expressed pride in passing the torch to Bowers after his 31 years of service to MHS.

"Financing health care seems to be getting harder every year with new challenges and changes," Glanzer said. "Tori is a great fit for the CFO responsibilities at MHS. She learned health care finance by preparing the monthly financial statements for MHS



the past five years. She loves change and is a leader in making changes that are needed. But even more important, she sees her role as taking care of people in Abilene and the surrounding communities, even if she doesn't come in contact with patients regularly. Her heart is truly for the people that we care for."

"I am excited to be in a role where I can participate in higher-level conversations that shape decisions for our hospital," Bowers said. "This position allows me to work closely with departments beyond Accounting, supporting teams so they have the resources needed to deliver high-quality patient care."

Bowers' top priorities as CFO include maintaining a strong balance sheet, maximizing cash **Continued on next page**

**Bowers continued...**

on hand, evaluating commercial reimbursement and the 340B drug program and analyzing potential new services to meet community needs.

A lifelong Abilene resident, Bowers earned her bachelor's degree in accounting from Newman University and an associate's degree from Highland Community College. She describes herself as organized, competitive and a lover of small-town, country living who is devoted to her family and her hometown community.

"Growing up here, and now raising a child in this community, it's meaningful to serve Dickinson County in this capacity," Bowers said. "I look forward to engaging with the community, continually learning and supporting the amazing work happening at MHS."



**SCHOLARSHIP**

**APPLY NOW**

**Memorial Health System Volunteer Corps  
\$1000 Scholarship Opportunity!**

**Those eligible to apply shall**

- ... be a senior attending school in Dickinson County
- ... be seeking a medical related degree at an accredited college or vocational school.
- ... have at least a 3.0 GPA.
- ... have contributed volunteer hours within their community.

Follow the link below to find the application on our website, or scan the QR for quick access.

<https://mhsks.org/mhs-volunteer-corps/>

Deadline to apply: March 27, 2026

**MEMORIAL HEALTH SYSTEM  
VOLUNTEER CORPS  
ABILENE | Salina Regional Health Center**

### MHS Employees Raise \$822 in November Jeans Day to Support Local Resident Gary Lambert

**ABILENE, Kan.** — Employees of Memorial Health System (MHS) once again united to support a community member in need through the November Jeans Day fundraiser, raising \$822.00 for Gary Lambert.

Gary suffered severe injuries in a motorcycle accident this past June while traveling home from North Dakota. He sustained a broken back, pelvis, both knees, and multiple fractures in his femur. Gary was airlifted to a hospital in Minnesota where he immediately underwent surgery, with several more procedures to follow. The donation will assist Gary and his family with ongoing medical expenses during his long road to recovery.

Each month, MHS employees can donate a minimum of \$2 for the privilege of wearing jeans to work. Funds collected are then directed to a selected individual, family, or organization in need. The initiative is coordinated by the MHS Employer of Choice (EOC) Committee and reflects the ongoing commitment of staff to support others beyond hospital walls.

A check presentation was recently held to recognize the November contribution with Gary and his wife Cindy. Pictured (L-R): Jenn Chaput, EOC committee member; Pam Schoemaker, EOC committee member; Gary Lambert; Cindy Lambert; Traci Jurgensen, EOC committee member; and Sarah Veach, EOC committee member.

## EXPANDING SUPPORT FOR PATIENTS WITH SERIOUS ILLNESS

### Introducing Home Health Plus

Home Health & Hospice of Dickinson County (HHH) Launches Home Health Plus to Expand Support for Patients with Serious Illness.

Home Health Plus, is a supportive, care-focused enhancement to its existing home health services. While not a new service line, Home Health Plus strengthens and expands the care already provided, ensuring patients with chronic or serious illnesses receive an additional layer of guidance, symptom support, and care coordination.

Over the years, the landscape of health care has shifted significantly, especially in rural communities like Dickinson County. Increasing insurance restrictions, regulatory pressures, and shorter hospital stays have created a growing gap in services for patients who are not acutely ill, but still require ongoing skilled oversight and support. This gap has become especially visible in rural areas, where access to specialty services is limited and patients are often discharged home sooner than ever before. Home Health Plus was redesigned specifically to bridge this gap, helping patients remain on services longer, manage chronic conditions more effectively, and navigate the health care system with greater ease.

Home Health Plus integrates a supportive-care approach, offering specialized assistance that addresses symptom management, communication needs, and whole-person support. While grounded in principles commonly used in palliative care, the program is intentionally designed to be accessible and easy to understand for patients, families, and non-clinical partners.

Through the agency's affiliation with Memorial Health System, Home Health Plus strengthens collaboration between home-based care teams, hospital providers, and community resources. This alignment ensures smoother transitions, improved communication, and more efficient access to services across the continuum of care.

"Home Health Plus allows us to meet patients where they are and provide the extra support they need to stay safely at home," said Danielle Gantner, Director. "It enhances the care experience, reduces unnecessary hospitalizations, and empowers patients and families to feel more confident managing their health. Because of the support provided to our agency through Memorial Health System and Salina Regional Health Center, and through our continued affiliation, we are able to make this level of care possible for the patients and families we serve." Home Health Plus is now available to qualifying patients, with continued expansion planned over the coming year.

For more information about Home Health Plus or referral options, please contact: Danielle Gantner at 785-263-6630 or [dgantner@mhsks.org](mailto:dgantner@mhsks.org)



**MEMORIAL HEALTH SYSTEM**  
Home Health & Hospice of Dickinson County  
**ABILENE** | Salina Regional Health Center

## Memorial Hospital Lab Hours of Operation

**Monday — Friday**  
**7:00 am to 7:00 pm**

**Saturday**  
**7:00 am to 10:00 am**  
(please contact scheduling, walk-ins are not recommended)  
**785-263-2100**



 **MEMORIAL HEALTH SYSTEM**  
Heartland Health Care Clinic  
**ABILENE** | Salina Regional Health Center  
511 NE 10th Street, Abilene, KS (785-263-4131)

## WALK - IN CLINIC

**Monday—Friday**

7:00 a.m. ~ 11:00 a.m.  
1:00 p.m. ~ 6:00 p.m.

**\* Pending Provider Availability \***

The purpose of HHCC Walk-In Clinic is to serve those who need non-critical immediate care.

For those little things life throws our way...

Common acceptable treatments may include:

Cold and Flu  
Sore Throat  
Ear Infections  
Laceration Repairs  
Muscle Strains and Pains  
Minor Aches and Pains  
Skin Irritations

Physician establishment, while encouraged, is not required to receive care through the Walk-In Clinic option. If you would like to become an established patient please talk to any of our staff members during your visit!

*Caring for you.*

## FREE COMMUNITY EDUCATION OPPORTUNITY

 **MENTAL HEALTH FIRST AID**

**WHO NEEDS TO KNOW MENTAL HEALTH FIRST AID?**  
Mental Health First Aid (MHFA) teaches you how to identify, understand and respond to signs of mental health and substance use challenges among adults.

- Employers.
- Police officers.
- Hospital staff.
- First responders.
- Caring individuals.

**On average, 130 people die by suicide every day.**  
Source: American Foundation for Suicide Prevention

**From 1999 to 2019, 841,000 people died from drug overdoses.**  
Source: Centers for Disease Control and Prevention

**Nearly 1 IN 5 in the U.S. lives with a mental illness.**  
Source: National Institute of Mental Health

Memorial Health System and Central Kansas Mental Health Center are excited to offer Mental Health First Aid for Adults in Dickinson County!

**Saturday, January 10th, 8am - 5pm**  
**Nichols Education Center, 1003 N Brady, Abilene.**  
(Located in the basement of Abilene Childcare Learning Center- enter through the back door.)

**Lunch will be provided!**  
Space is limited and registration is required.  
Contact Alyssa at 785-515-7629 or ajewell@ckmhc.org

**Don't Forget Your WELLNESS VISIT!**

**Stay Healthy, Stay Informed!**

- Preventive Screenings
- Vaccinations & Immunizations
- Managing Chronic Conditions

**Early Detection = Better Protection!**

**Benefits of Your Wellness Visit:**

- Catch Health Issues Early
- Update Your Vaccines
- Personalized Health Advice

**Schedule Your Appointment Today!**  
**785-263-4131**

 **MEMORIAL HEALTH SYSTEM**  
**Heartland Health Care Clinic**  
**ABILENE** Salina Regional Health Center

# HEALTHY LIFESTYLE RESET

**6 WEEK CHALLENGE**  
**January 5 ~ February 9**

**Together we can help build a healthier you!**

**What you get:**

- Guided Workouts
- Nutrition Support
- Accountability Friends
- And Much More!

**Choose the time that work best for you!**

**30 - Minute Sessions**  
Every Monday:  
6:00 AM  
9:00 AM  
5:30 PM

**Call us or stop by today!**

 **MEMORIAL HEALTH SYSTEM**  
**Impact Sports and Fitness**  
**ABILENE** Salina Regional Health Center  
418 N Broadway, Abilene  
785-263-3888

## Memorial Hospital Board Announcement

After 14 years of dedicated service, board member Tony Geiger has stepped off the Memorial Hospital Board. Tony has been an invaluable member of the board, serving in several capacities over the years, and we are deeply grateful for his commitment and leadership.

We are honored to announce that Carol Whitehair, retired Director of Home Health and Hospice, will be joining the board and filling Tony's seat beginning in January. We look forward to the experience and insight Carol will bring as she continues her service to Memorial Hospital in new role after retirement.



## By the Numbers 2025...

22	318	445
TOTAL BEDS	TOTAL FTEs	TOTAL SURGERIES
5300	28K	7020
TOTAL ER VISITS	TOTAL HEARTLAND HEALTH VISITS	TOTAL WALK-IN CLINIC VISITS
86K	167K	51
TOTAL BAD DEBT FROM UNPAID PATIENT BILLS	TOTAL 2025 CHARITY CARE	PERCENTAGE OF PAYOR REVENUE FROM MEDICARE

## New and Noteworthy in 2025...



Welcomed new administrator, Kim Haverly



Expanded Cardiac Rehab to include PAD patients, and added Oscillometry testing in Pulmonary Rehab for enhanced airway diagnostics.



Operating Room acquired new Arthrex arthroscopy equipment. Following training, First knee arthroscopy case performed in August.



Welcomed Salina Regional Surgical Associates, offering endoscopy and general surgery services in Abilene.



Learn more about us by scanning the QR Code.  
It's our privilege to serve you!

# what patients are saying...

It was a very clean hospital. Everyone was very, very nice and there was no wait, which was lovely because I'm from Texas and it takes forever. So I really loved it. Thank you.

I am very happy with Dr. Holmes and the staff at the hospital. They are always very efficient and courteous and friendly and I would recommend them to anyone. Thank you.

Dr Brown and the Abilene Heartland staff are just wonderful! My dad was a family practitioner in Abilene, and no matter where I travel no one does the listening, care and diligent explaining to get the best results for blessed souls like Abilene!

Dr. Thompson is very easy to talk to, she listens, and has lots of options. She spends time going over my health. Plus she has a great sense of humor and a wonderful 'bedside' manner.

We are fortunate to have Todd Smith on staff in Abilene. Very thorough and knowledgeable.

I travel from Wichita for my infusion as well as to see my doctor and it is definitely worth the trip! Wonderfully kind and caring people!

Rachelle is incredible. We love having her care for our family.

Kendra and Dr. Hinman are a great team both are kind and thoughtful. I'm thankful they are my providers.

First and foremost Deanne Feldt did the most wonderful job. She was calm and methodical, even though the bleeding wouldn't stop, and managed to get the stitches next to skull and outer layer done and kept me calm while doing it. Good job Deanne and your crew!!

Dr. Zeigler is a caring & interested in your concerns. He shows interest in what is going on in your life.

Allison in scheduling went out of her way to make sure all of my imaging and lab appointments were scheduled in the same day without any delays. Great crew in scheduling and registration!

Registration was fast and easy. Had some add-on labs that I requested personally and Dr. Hicks nurse assisted me smoothly. Lab draw was painless.



**Grief Support Group**  
Help and encouragement after the death of a loved one

**REGISTER** online or with the QR  
<https://www.griefshare.org/>

**Questions? Call Home Health & Hospice of Dickinson County for more information: 785-263-6630**

## DRY JANUARY: HOW REDUCING ALCOHOL CAN SUPPORT YOUR MENTAL HEALTH



Senior Life Solutions®

### A HEALTHIER RESET

Many people use January as a chance to pause, reflect, and make supportive choices. Reducing alcohol, even briefly, can give your mind and body a gentle fresh start.

### SMALL CHANGES MAKE A BIG DIFFERENCE

Dry January is not about perfection. It is about trying healthier routines, noticing how you feel, and building momentum toward better habits that support mental and emotional well-being.

**79%**  
OF DRY JANUARY PARTICIPANTS REPORTED SAVING MONEY DURING THE MONTH

**71%**  
REPORTED BETTER SLEEP AFTER COMPLETING DRY JANUARY

**67%**  
FELT MORE PRODUCTIVE DURING THE MONTH WITHOUT ALCOHOL

**93%**  
SAID THEY FELT A SENSE OF ACHIEVEMENT AFTER COMPLETING DRY JANUARY

- MORE BENEFITS
- Improved mood
- Better sleep and more energy
- Lower alcohol cravings
- Healthier routines and habits
- Reduced stress on the body
- Increased sense of control and well-being

### 4 OUT OF 5



participants reported better mental clarity by the end of the month.

Sources:  
Alcohol Change UK  
American Psychological Association

### WE CAN HELP.

Our hospital-based outpatient program is designed to meet the unique needs of older adults experiencing depression and/or anxiety related to life changes that are often associated with aging or a chronic diagnosis. Anyone can make a referral to our program, including self-referrals, provider referrals, or community consultations.

Call us today at (785) 263-6805

## Specialty Orthopedic Care Close to Home



### JOIN OUR TEAM!

Check out the open positions at MHS!

[caringforyou.org](http://caringforyou.org)



Arthroscopic procedures are minimally invasive surgeries used mainly to diagnose and treat problems inside a joint.

#### Common Joints Treated:

Knee (most common)  
Shoulder

Hip  
Wrist  
Elbow  
Ankle

**Benefits:**  
Smaller Incisions - less scarring  
Shorter Recovery Time  
Less Pain and Swelling  
Outpatient surgery procedure

Access to Surgical Care for Rural Living



Abilene, Kansas

Dr. Todd Reilly, Orthopedic Surgery  
Dr. Reilly provides orthopedic care at Memorial Health System on the second Monday of every month.

To make an appointment to see Dr. Reilly at Memorial Health System, call 785-452-7366.



Visiting Orthopedic Specialist  
Dr. Reilly sees patients in Abilene on the second Monday of every month.

Appointments with Dr. Reilly are scheduled through:  
Salina Regional Orthopedic Clinic  
Salina, KS  
785-452-7366



**MEMORIAL HEALTH SYSTEM**  
**ABILENE** |  Salina Regional Health Center

*Caring for you.*

511 NE 10th St.  
Abilene, KS 67410  
785-263-2100  
[WWW.CARINGFORYOU.ORG](http://WWW.CARINGFORYOU.ORG)

Join our mailing list to  
receive your monthly issue of  
The Health Monitor!



<https://lp.constantcontactpages.com/s1/CNrmmrRU/TheHealthMonitor>

**MISSION**

Enhance the health and wellness of all.

**VISION**

Be the healthcare provider and  
employer of choice.

**CORE VALUES: CARE**

*Compassion*

*Appreciation for others*

*Respect for everyone*

*Excellence that exceeds expectations*



**caresresources.org**

Looking for resources available in  
Dickinson County? Visit the CARES  
Coalition website and find what you are  
looking for with the new online  
resources guide.

*Memorial Health System is a proud member,  
and sponsor, of the CARES Coalition of  
Dickinson County.*