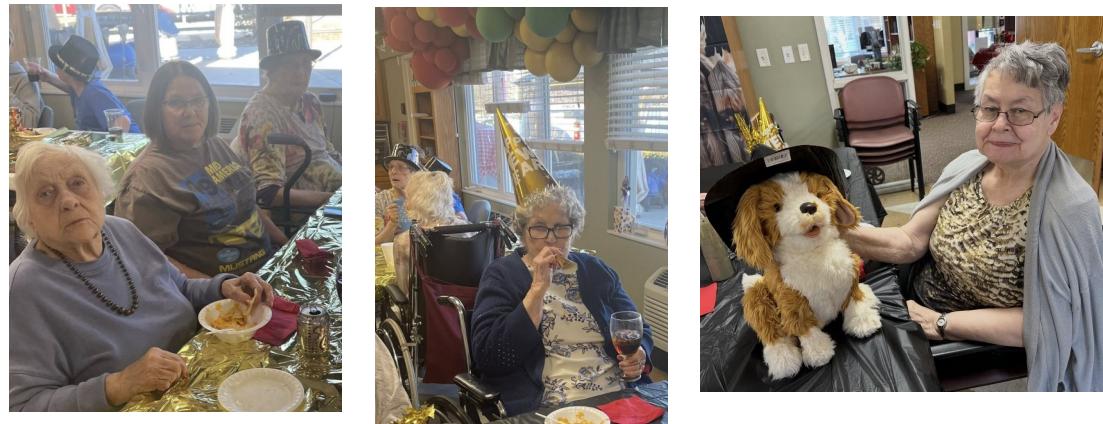


Village Vine

Monthly Newsletter of Village Manor

RESIDENTS RING IN THE NEW YEAR!

*Village Manor residents celebrated the start of 2026 with a fun party.
We are grateful to those who helped with the celebration.*



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MEMORIAL HEALTH SYSTEM
Senior Life Solutions

ABILENE Salina Regional Health Center



STAY SAFE FROM PHONE SCAMS: HOW TO PROTECT YOURSELF AND RECOGNIZE A REAL CALL



Phone scams targeting older adults are becoming increasingly common. Scammers use convincing stories to trick people into sharing personal information or money. These calls can sound friendly, professional, or even urgent, which is why it's so important to know how to recognize the warning signs and what to do if one comes your way.

COMMON SIGNS OF A SCAM CALL

Scammers are skilled at making their calls sound legitimate. Watch out for these red flags:



Requests for personal or financial information.

Legitimate organizations will never ask for your Social Security number, banking details, or passwords over the phone.



Pressure to act immediately.

If someone says you'll "miss out" or "get in trouble" if you don't act right away, hang up.



Too-good-to-be-true offers.

If it sounds unbelievable, like winning a prize you didn't enter, it probably is.



Caller ID deception.

Scammers can "spoof" numbers so it looks like they're calling from your area code or even from a local hospital or business.

Check out the next page for more.

Read our newsletter online at www.villagemanor.org
or call (785) 263-1431 to be added to our E-newsletter list!

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WHAT TO DO IF YOU RECEIVE A SUSPICIOUS CALL

If something doesn't feel right, trust your instincts. Here's what to do:

Hang up immediately. Do not engage or press any buttons, even if the caller says you can "opt out" by doing so.

Do not share personal information. Never provide your full name, address, date of birth, Medicare number, or financial details to an unsolicited caller.

Report it. You can report scam calls to the Federal Trade Commission (FTC) by visiting reportfraud.ftc.gov.

Talk to someone you trust. Discuss the call with a family member, friend, or your local Senior Life Solutions team if you're unsure whether it was real.

HOW TO KNOW A CALL FROM OUR PROGRAM IS GENUINE

We understand that phone scams can make it hard to know who to trust, and we want you to feel confident when you hear from us. Here's how you can tell a legitimate call from our program:

- ✓ We only call if you've been referred to our program by your healthcare provider or hospital.
- ✓ We identify ourselves right away. Our team members will always introduce themselves by name and say where they are calling from.
- ✓ We never ask for financial information or payment over the phone. Our program is a hospital-based outpatient service, and billing questions are handled through the hospital.
- ✓ You can verify us at any time. If you're unsure, hang up and call your hospital directly using the main hospital number ask to be connected to our program. You can also call the number at the bottom!

PROTECTING YOURSELF AND OTHERS

Awareness is the best defense against scams. If you receive a suspicious call, share your experience with friends or loved ones so they can stay alert, too. Staying cautious helps protect not only yourself, but also your community.

Our mission is to support your mental and emotional well-being, and that includes helping you feel safe and informed. If you ever have a question about a call you've received, we're here to help!

WE CAN HELP.

Our hospital-based outpatient program is designed to meet the unique needs of older adults experiencing depression and/or anxiety related to life changes that are often associated with aging or a chronic diagnosis. Anyone can make a referral to our program, including self-referrals, provider referrals, or community consultations.

Call us today at 785-263-6805

CHRISTMAS PARTY FUN FOR RESIDENTS AND STAFF OF VILLAGE MANOR

Thank you to all, including Santa Claus and the Grinch, who helped make the resident's Christmas party a huge success!



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Safety Reminder; Let Staff Know When Residents Are Leaving



FRIENDLY REMINDER FOR SAFETY:

At all times, we at Village Manor, encourage and desire residents to leave the facility to enjoy our community, friends, and family. It is very important to get out and see changes, go shopping, be a part of community activities, and to spend time with families outside of the nursing home. We will do what we can to help accomplish this for our residents.

With that being said, we do ask that you please let staff know, prior to leaving, if you are a resident or that you are taking a resident out of the facility if you are a visitor or family member. We also ask that you sign out of the book that is located at the front doors of the facility. We at no time want to create steps to make people feel like they are asking to leave the facility, and they do not. This request is for safety and safety only. If, in the event, we would have a disaster, such as a fire, that book is one of the items that we would take out of the facility. We then would know who is in the facility and who is not, to inform the fire department, police department, and families. This is valuable information for staff to have for safety purposes.

Thank you so much for your help with this safety item.

Andrew Sutter, Village Manor Executive Director / RN

WE'RE HIRING

Food Service Worker

APPLY NOW
www.mhsks.org/careers/

Starting Pay:
• \$15.00/hr

Schedule Available:
• 6:00 AM - 2:30 PM



MEMORIAL HEALTH SYSTEM

Village Manor

ABILENE

 Salina Regional Health Center

• POSITION SUMMARY

- Performs a variety of duties related to the preparation and service of food.

• POSITION QUALIFICATIONS

Minimum Education

- Less than high school

Minimum Experience

- On-the-job training

Required Registration/License/Certification

- None

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Welcome New Residents

Thelma Timm
Raymond Creach
Hope Rufener
Cathy Haslam Murray
Marvin Steenbock

Welcome New Staff

Jacklyn Bustos
Emily Harrington
Antonio Burns
Misrachael Real
Chastity Oller
Christopher Smiley
Ciera Robertson
Shirley Chapman
Linda Kolacny

Resident Birthdays

02/05 Dennis Monroe
02/09 Lori Northam
02/19 Betty Danner
02/20 Thomas Faulkner
02/24 Silynda Christiensen
02/25 Pamela Murphree
02/27 Thelma Timm

Staff Birthdays

02/07 Tracy Levins
02/12 Jacklyn Bustos
02/13 Johnathan Breland
02/13 Amanda Furrow
02/18 Kylie Riffel
02/19 Olivia Owens
02/22 Sara Sprouse
02/26 Lisa McCoy
02/28 Brenda Esteban

Discharges

Jean Britt



FREE Education for Everyone!

Monthly Health Sessions

New in 2026, Memorial Health System is offering FREE monthly health education sessions designed to empower our community with practical knowledge, resources, and tools to support better health and well-being.

Join us for a variety of important health topics throughout the year!



February Health Topic: Colorectal Screenings

Presented by Dr. Thompson



Colorectal cancer is one of the most preventable cancers with regular screening, and early detection supports long-term health and wellness.

Learn why colorectal screenings are an important part of preventive care, who should be screened, and what screening options are available.

**Nichols Education Center**

1003 N Brady, Abilene

(located in the basement of Abilene Childcare Learning Center-enter through the back door)



Appreciation is extended to Charity Bathurst for visiting Village Manor on December 19th with Abilene High School students who provided snacks for our residents.

Village Manor is seeking volunteers!
785-263-6692

**FOLLOW VILLAGE MANOR
ON FACEBOOK!**

**Monday, February 9
5:30 - 7:30 PM**
snacks and drinks provided



2026

FEBRUARY



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Activities are subject to change!		Computer is available for card games. Xbox is available with eight different games.		Remote Control Cars Available!		1-on-1s done daily!
1 10:00 Movies 1:00 Live Church w/ Colleen 6:30 Cards	2 9:30 Reminisce 10:00 Games of Choice 2:45 Snacks 3:00 Bingo 6:30 Coloring	3 9:00 Resident Council 9:30 Resident Meeting 10:00 Cards 10:00 Impact 2:45 Snacks 6:30 Cards	4 9:00 Games 10:00 Cards 10:00 Impact 2:45 Snacks 6:30 Cards	5 9:00 NDC 9:30 Devotional 10:00 Cards 2:10 Mel w/ students 6:30 RC Movies	6 9:00 NDC 9:30 Devotional 10:00 Cards 1:00 Bingo w/ Students 2:45 Snacks 6:30 RC Movies	7 10:00 Movies 3:00 Resident Choice 6:30 Adult Color
8 10:00 Movies 3:00 Live Church w/ Tom Bishop 6:30 Resident Choice	9 9:00 NDC 9:30 Reminisce 10:00 Cards 2:45 Snacks 3:00 Bingo 6:30 Dominoes	10 9:00 NDC 9:30 Devotional 10:00 Cards 10:00 Impact 11:00 Dominoes 2:00 Resident Choice 2:45 Snacks 6:30 Games	11 9:00 Games 10:00 Cards 10:00 Impact 2:45 Snacks 6:30 Cards	12 9:00 NDC 9:30 Devotional 10:00 Cards 2:00 Resident Choice 2:45 Snacks 6:30 Color	13 9:00 NDC 9:30 Devotional 10:00 Cards 2:00 Valentine's Party 2:45 Snacks 6:30 Movies	14 10:00 Movies 3:00 Cards 6:30 Checkers HAPPY VALENTINE'S DAY
15 9:00 Movies 10:00 Live Church w/ Carswell Flanna 6:30 Coloring Fun	16 9:30 Reminisce 10:00 Games of Choice 2:45 Snacks 3:00 Bingo 6:30 Puzzles	17 9:00 NDC 9:30 Devotional 10:00 Resident Choice 11:00 Cards 12:00 L&C 2:45 Snacks 3:00 Cards	18 9:00 Games 10:00 Cards 10:00 Impact 2:45 Snacks 6:30 Coloring	19 7:00-9:30 AM CAFÉ 9:00 NDC 9:30 Devotional 10:00 Cards 2:45 Snacks 3:00 Dominoes 6:30 Resident Choice	20 9:00 NDC 9:30 Devotional 10:00 Cards 1:30 Music 6:30 Puzzles	21 10:00 Movies 3:00 Resident Choice 6:30 Cinema Night
22 10:00 Movies 1:00 Live Church w/ Colleen 6:30 Resident Choice	23 9:30 Reminisce 10:00 Games of Choice 2:45 Snacks 3:00 Bingo 6:30 Coloring	24 9:00 NDC 9:30 Devotional 10:00 Impact 10:00 Cards 12:00 L&C 2:45 Snacks 3:00 Library 6:30 Resident Choice	25 10:00 Cards 10:00 Impact 2:45 Snacks 3:00 Library 6:30 Resident Choice	26 9:00 NDC 9:30 Devotional 10:00 Memorial Service 11:00 Cards 2:45 Snacks 3:00 What's for Dinner 6:30 Movies	27 9:00 NDC 9:30 Devotional 10:00 Cards 1:30 Movies 2:00 Birthday Party for February 6:30 Cards	28 10:00 Movies 3:00 Puzzle Time 6:30 Cinema Night