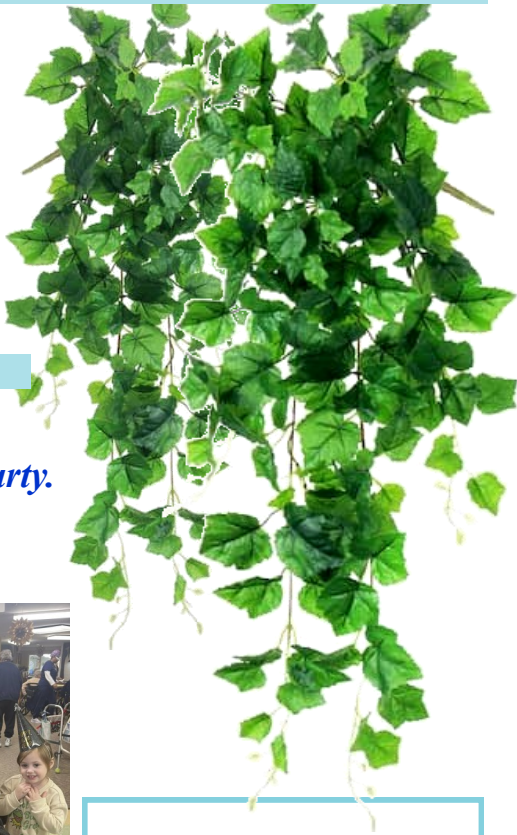


# Village Vine

Monthly Newsletter of Village Manor



## RESIDENTS RING IN THE NEW YEAR!

*Village Manor residents celebrated the start of 2026 with a fun party.  
We are grateful to those who helped with the celebration.*



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MEMORIAL HEALTH SYSTEM

Senior Life Solutions

ABILENE Salina Regional Health Center



Senior Life  
Solutions®

### STAY SAFE FROM PHONE SCAMS: HOW TO PROTECT YOURSELF AND RECOGNIZE A REAL CALL



Phone scams targeting older adults are becoming increasingly common. Scammers use convincing stories to trick people into sharing personal information or money. These calls can sound friendly, professional, or even urgent, which is why it's so important to know how to recognize the warning signs and what to do if one comes your way.

#### COMMON SIGNS OF A SCAM CALL

Scammers are skilled at making their calls sound legitimate. Watch out for these red flags:



##### **Requests for personal or financial information.**

Legitimate organizations will never ask for your Social Security number, banking details, or passwords over the phone.



##### **Pressure to act immediately.**

If someone says you'll "miss out" or "get in trouble" if you don't act right away, hang up.



##### **Too-good-to-be-true offers.**

If it sounds unbelievable, like winning a prize you didn't enter, it probably is.



##### **Caller ID deception.**

Scammers can "spoof" numbers so it looks like they're calling from your area code or even from a local hospital or business.

*Check out the next page for more.*

Read our newsletter online at [www.villagemanor.org](http://www.villagemanor.org)  
or call (785) 263-1431 to be added to our E-newsletter list!

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#### WHAT TO DO IF YOU RECEIVE A SUSPICIOUS CALL

If something doesn't feel right, trust your instincts. Here's what to do:

**Hang up immediately.** Do not engage or press any buttons, even if the caller says you can "opt out" by doing so.

**Do not share personal information.** Never provide your full name, address, date of birth, Medicare number, or financial details to an unsolicited caller.

**Report it.** You can report scam calls to the Federal Trade Commission (FTC) by visiting [reportfraud.ftc.gov](http://reportfraud.ftc.gov).

**Talk to someone you trust.** Discuss the call with a family member, friend, or your local Senior Life Solutions team if you're unsure whether it was real.

#### HOW TO KNOW A CALL FROM OUR PROGRAM IS GENUINE

We understand that phone scams can make it hard to know who to trust, and we want you to feel confident when you hear from us. Here's how you can tell a legitimate call from our program:

- ✓ We only call if you've been referred to our program by your healthcare provider or hospital.
- ✓ We identify ourselves right away. Our team members will always introduce themselves by name and say where they are calling from.
- ✓ We never ask for financial information or payment over the phone. Our program is a hospital-based outpatient service, and billing questions are handled through the hospital.
- ✓ You can verify us at any time. If you're unsure, hang up and call your hospital directly using the main hospital number ask to be connected to our program. You can also call the number at the bottom!

#### PROTECTING YOURSELF AND OTHERS

Awareness is the best defense against scams. If you receive a suspicious call, share your experience with friends or loved ones so they can stay alert, too. Staying cautious helps protect not only yourself, but also your community.

Our mission is to support your mental and emotional well-being, and that includes helping you feel safe and informed. If you ever have a question about a call you've received, we're here to help!

#### WE CAN HELP.

Our hospital-based outpatient program is designed to meet the unique needs of older adults experiencing depression and/or anxiety related to life changes that are often associated with aging or a chronic diagnosis. Anyone can make a referral to our program, including self-referrals, provider referrals, or community consultations.

**Call us today at 785-263-6805**



## CHRISTMAS PARTY FUN FOR RESIDENTS AND STAFF OF VILLAGE MANOR

**Thank you to all, including Santa Claus and the Grinch, who helped make the resident's Christmas party a huge success!**



## Safety Reminder; Let Staff Know When Residents Are Leaving



### FRIENDLY REMINDER FOR SAFETY:

At all times, we at Village Manor, encourage and desire residents to leave the facility to enjoy our community, friends, and family. It is very important to get out and see changes, go shopping, be a part of community activities, and to spend time with families outside of the nursing home. We will do what we can to help accomplish this for our residents.

With that being said, we do ask that you please let staff know, prior to leaving, if you are a resident or that you are taking a resident out of the facility if you are a visitor or family member. We also ask that you sign out of the book that is located at the front doors of the facility. We at no time want to create steps to make people feel like they are asking to leave the facility, and they do not. This request is for safety and safety only. If, in the event, we would have a disaster, such as a fire, that book is one of the items that we would take out of the facility. We then would know who is in the facility and who is not, to inform the fire department, police department, and families. This is valuable information for staff to have for safety purposes.

Thank you so much for your help with this safety item.

Andrew Sutter, Village Manor Executive Director / RN

# WE'RE HIRING

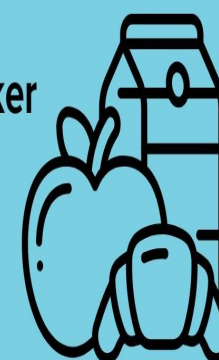
**APPLY NOW**

[www.mhsk.org/careers/](http://www.mhsk.org/careers/)

## Food Service Worker

Starting Pay:  
• \$15.00/hr

Schedule Available:  
• 6:00 AM - 2:30 PM



**MEMORIAL HEALTH SYSTEM**

**Village Manor**

**ABILENE**

**Salina Regional Health Center**

### • POSITION SUMMARY

- Performs a variety of duties related to the preparation and service of food.

### • POSITION QUALIFICATIONS

#### Minimum Education

- Less than high school

#### Minimum Experience

- On-the-job training

#### Required Registration/License/Certification

- None



**Welcome New Residents**

Thelma Timm  
Raymond Creach  
Hope Rufener  
Cathy Haslam Murray  
Marvin Steenbock

**Welcome New Staff**

Jacklyn Bustos  
Emily Harrington  
Antonio Burns  
Misrachael Real  
Chastity Oller  
Christopher Smiley  
Ciera Robertson  
Shirley Chapman  
Linda Kolacny

**Resident Birthdays**

02/05 Dennis Monroe  
02/09 Lori Northam  
02/19 Betty Danner  
02/20 Thomas Faulkner  
02/24 Silynda Christiensen  
02/25 Pamela Murphree  
02/27 Thelma Timm

**Staff Birthdays**

02/07 Tracy Levins  
02/12 Jacklyn Bustos  
02/13 Johnathan Breland  
02/13 Amanda Furrow  
02/18 Kylie Riffel  
02/19 Olivia Owens  
02/22 Sara Sprouse  
02/26 Lisa McCoy  
02/28 Brenda Esteban

**Discharges**

Jean Britt

*In Loving Memory*



June Taylor  
Judy Adee  
Fern Dolezal  
Joe Hess  
Gregory Clare

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**FREE Education for Everyone!**

**Monthly Health Sessions**

New in 2026, Memorial Health System is offering FREE monthly health education sessions designed to empower our community with practical knowledge, resources, and tools to support better health and well-being.

Join us for a variety of important health topics throughout the year!

**Monday, February 9**  
**5:30 - 7:30 PM**  
**snacks and drinks provided**



**February Health Topic:**  
**Colorectal Screenings**

*Presented by Dr. Thompson*



Colorectal cancer is one of the most preventable cancers with regular screening, and early detection supports long-term health and wellness.

Learn why colorectal screenings are an important part of preventive care, who should be screened, and what screening options are available.




**Nichols Education Center**  
**1003 N Brady, Abilene**  
(located in the basement of Abilene Childcare Learning Center—enter through the back door)

Appreciation is extended to Charity Bathurst for visiting Village Manor on December 19th with Abilene High School students who provided snacks for our residents.



**Village Manor is seeking volunteers!**  
**785-263-6692**

**FOLLOW VILLAGE MANOR ON FACEBOOK!**



**2026**

**FEBRUARY**

BESTIE CUTIE LOVE  
BE HONEY SWEET  
MINE BUN PEA

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Activities are subject to change!		Computer is available for card games.  Xbox is available with eight different games.		Remote Control Cars Available!		1-on-1s done daily!
<b>1</b> 10:00 Movies 1:00 Live Church w/ Colleen 6:30 Cards	<b>2</b> 9:30 Reminisce 10:00 Games of Choice 2:45 Snacks 3:00 Bingo 6:30 Coloring	<b>3</b> 9:00 Resident Council 9:30 Resident Meeting 10:00 Cards 10:00 Impact 2:45 Snacks 6:30 Cards	<b>4</b> 9:00 Games 10:00 Cards 10:00 Impact 2:45 Snacks 6:30 Cards	<b>5</b> 9:00 NDC 9:30 Devotional 10:00 Cards 2:10 Mel w/ students 6:30 RC Movies	<b>6</b> 9:00 NDC 9:30 Devotional 10:00 Cards 1:00 Bingo w/ Students 2:45 Snacks 6:30 RC Movies	<b>7</b> 10:00 Movies 3:00 Resident Choice 6:30 Adult Color
<b>8</b> 10:00 Movies 3:00 Live Church w/ Tom Bishop 6:30 Resident Choice	<b>9</b> 9:00 NDC 9:30 Reminisce 10:00 Cards 2:45 Snacks 3:00 Bingo 6:30 Dominoes	<b>10</b> 9:00 NDC 9:30 Devotional 10:00 Cards 11:00 Dominoes 2:00 Resident Choice 2:45 Snacks 6:30 Games	<b>11</b> 9:00 Games 10:00 Cards 10:00 Impact 2:45 Snacks 6:30 Cards	<b>12</b> 9:00 NDC 9:30 Devotional 11:00 Cards 2:00 Resident Choice 2:45 Snacks 6:30 Color	<b>13</b> 9:00 NDC 9:30 Devotional 10:00 Cards 2:00 Valentine's Party 2:45 Snacks 6:30 Movies	<b>14</b> 10:00 Movies 3:00 Cards 6:30 Checkers  <b>HAPPY VALENTINE'S DAY</b>
<b>15</b> 9:00 Movies 10:00 Live Church w/ Carswell Flanna 6:30 Coloring Fun	<b>16</b> 9:30 Reminisce 10:00 Games of Choice 2:45 Snacks 3:00 Bingo 6:30 Puzzles	<b>17</b> 9:00 NDC 9:30 Devotional 10:30 Resident Choice 11:00 Cards 12:00 L&C 2:45 Snacks 3:00 Cards	<b>18</b> 9:00 Games 10:00 Cards 10:00 Impact 2:45 Snacks 6:30 Coloring	<b>19</b> 7:00-9:30 AM CAFÉ 9:00 NDC 9:30 Devotional 10:00 Cards 2:45 Snacks 3:00 Dominoes 6:30 Resident Choice	<b>20</b> 9:00 NDC 9:30 Devotional 10:00 Cards 1:30 Music 6:30 Puzzles	<b>21</b> 10:00 Movies 3:00 Resident Choice 6:30 Cinema Night
<b>22</b> 10:00 Movies 1:00 Live Church w/ Colleen 6:30 Resident Choice	<b>23</b> 9:30 Reminisce 10:00 Games of Choice 2:45 Snacks 3:00 Bingo 6:30 Coloring	<b>24</b> 9:00 NDC 9:30 Devotional 10:00 Cards 12:00 L&C 2:45 Snacks 6:30 Games	<b>25</b> 10:00 Cards 10:00 Impact 2:45 Snacks 3:00 Library 6:30 Resident Choice	<b>26</b> 9:00 NDC 9:30 Devotional 10:00 Memorial Service 11:00 Cards 2:45 Snacks 3:00 What's for Dinner 6:30 Movies	<b>27</b> 9:00 NDC 9:30 Devotional 10:00 Cards 1:30 Movies 2:00 Birthday Party for February 6:30 Cards	<b>28</b> 10:00 Movies 3:00 Puzzle Time 6:30 Cinema Night