



THE HEALTH MONITOR

A MONTHLY HEALTHCARE NEWSLETTER FOR OUR PATIENTS AND FRIENDS

MEMORIAL HOSPITAL INTRODUCES NEW, ADVANCED CT SCANNER

(April 1, 2026) ABILENE, Kan. — Memorial Hospital has officially begun using its newly installed CT scanner, marking a significant upgrade in diagnostic imaging services for the community.

The new system, a Siemens Healthineers SOMATOM go.All CT scanner, became

operational on March 24, following several weeks of construction, installation and testing. A mobile CT unit was utilized to ensure uninterrupted patient care during implementation.

The new CT scanner is designed to support both routine and advanced imaging procedures while improving efficiency and patient experience. The system uses AI-supported technology to help guide imaging workflows, reduce exam times and enhance consistency in scan quality.

The scanner features advanced imaging capabilities that deliver high-quality, detailed images across a wide range of clinical applications, including neurological and oncology imaging. The system is designed with patient-centered features such as guided breathing support, and real-time monitoring to improve the overall patient experience during exams. This new technology also enables improved dose efficiency, helping to minimize radiation exposure while maintaining diagnostic accuracy.

“This new CT scanner represents an important investment in the health of our community,” said Rhonda Schmid, Radiology & Imaging Services manager at Memorial Hospital. “It allows us to provide faster and more precise imaging. It is also more comfortable, which improves the overall experience for our patients.”

Memorial Hospital’s Radiology and Imaging Services department provides a full range of diagnostic imaging services to support timely diagnosis and treatment planning for patients across the region.

For more information about imaging services at Memorial Hospital, visit https://mhsks.org/radiology_imaging_services/ or call 785-263-6663.



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Stay informed, join our mailing list and receive your copy of The Health Monitor right to your inbox.



<https://mhsks.org/health-monitor/>

MHS EMPLOYEES DONATE TO NEIGHBOR TO NEIGHBOR

Employees of Memorial Health System (MHS) in Abilene participated in another “Jeans Day” fundraiser throughout the month of February. Employees make a donation, of at least \$2, and are allowed to wear blue jeans at work. A total donation of \$781 was presented to Neighbor to Neighbor of Abilene. Neighbor to Neighbor is a nonprofit organization dedicated to connecting Dickinson County residents with resources and support, empowering individuals and families to thrive. Their mission is to provide individuals and families at any stage of adult life with opportunities and tools to enhance the quality of life for their household. If you would like to donate or help in any way, please call 785-200-6750.



Pictured from left are: Traci Jurgensen, EOC Council member; Amanda Robinson, Neighbor to Neighbor Executive Director; and Pam Schoemaker, EOC Council member.

The monthly Jeans Day fundraiser is organized by the MHS Employer of Choice (EOC) Council.

SAVE THE DATE!

Village Manor STEPS of SUPPORT

Relay Walk



Saturday, June 6, 2026
 8:00 AM - 12:00 PM
 Village Manor
 \$10 Registration



*Supporting Awareness For
MS ~ Alzheimer's/Dementia ~ Parkinson's ~ COPD*
 Every step supports the care and comfort of Village Manor Residents.
 Proceeds go to the Village Manor Resident Fund.

Stop by the Memorial Health System table for a variety of information and some fun engagement activities for the kids!

LITTLE HANDS, BIG WHEELS
EARLY CHILDHOOD FAIR
 Activities Prizes Food

WEDNESDAY APRIL 8, 2026
 5:00PM-7:00 PM COME AND GO
 ABILENE HIGH SCHOOL PARKING LOT

The fair will offer a variety of booths and exhibits from local organizations that provide support services for young children (Ages 0-5) and families! Your child will also get to touch some big trucks up close!
 Questions?
 Email: sbecker@abileneschools.org



MEMORIAL HEALTH SYSTEM
Impact Sports and Fitness
ABILENE | Salina Regional Health Center



Getting back to the things you love.

The Mako™ Robotic-assisted Joint Replacement System



When you've had enough of living with knee or hip pain, Salina Regional Orthopedic & Sports Medicine Clinic is ready to help.

Orthopedic surgeons Dr. Travis Rump, Dr. Kellie Middleton and Dr. Todd Reilly offer their patients the Mako™ robotic-assisted joint replacement system. This state-of-the-art technology is clinically proven to produce more accurate and effective results than other joint-replacement procedures.

Salina Regional Orthopedic Clinic
Salina Regional Health Center

502 S. Santa Fe, Suite 240 | Salina, KS
salinaregionalorthopedicclinic.com



Travis Rump, D.O.
Orthopedic Surgeon



Kellie Middleton, M.D.
Orthopedic Surgeon



Todd Reilly, D.O.
Orthopedic Surgeon

For more information or to schedule a consultation, please call 785-452-7366.

NOW SCHEDULING APPOINTMENTS FOR THE NEW INFRARED SAUNA, AVAILABLE AT IMPACT SPORTS AND FITNESS

Health benefits include:

- Improved sleep quality
- Boosted immune system
- Increased metabolism
- Improved heart health
- Repairing muscles faster
- Reversing aging and renewing skin
- Removing toxins
- Experience bliss and reduce stress

*30-minute sessions:

Rates per session:

- Member \$25
- Non-member \$35

Unlimited monthly package:

- Member \$100
- Non-member \$150

MEMORIAL HEALTH SYSTEM
ABILENE | Salina Regional Health Center
Caring for you.

SPECIALITY CARE CLOSE TO HOME

Salina Regional Health Center is committed to providing services to patients close to their own home. To help patients receive their care closer to home, Salina Regional Health Center has many specialists who travel to various communities to offer comprehensive, personalized care in outreach clinics. Several SRHC providers have specialty clinics at Memorial Health System:



Cardiology

Kaleigh Ramey, PA

For an appointment call (785) 452-7562



Podiatry

Dr. Rebecca Johnson

For an appointment call (785) 452-6211



OB/GYN

Dr. Emily Budden

For an appointment call (785) 827-7996



Hem/Oncology

Dr. Jeffrey Geitz

For an appointment call (785) 452-4850



Hem/Oncology

Dr. Peeran Sandhu

For an appointment call (785) 452-4850



Endocrinology

Dr. Richard Gomendoza

For an appointment call (785) 309-2323



Orthopedic Surgery

Dr. Todd Reilly

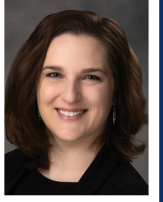
For an appointment call (785) 452-7366



ENT

Melissa Crawford, PA

For an appointment call (785) 823-7225



Audiology

Kaitlin Lafreniere, Au.D.

For an appointment call (785) 823-7225

For a list of speciality care in your community visit www.srhc.com and click on "Services" then "Outreach Clinics".



WHAT PATIENTS ARE SAYING...



it went well. Had a slight wait, but not very long for using the walk in service. Got in and out in a timely manner. Staff was very nice and understanding. They listened to my situation and offered the services I needed. They even smiled like they were happy to be there and happy to help!

Amanda Fredericks is a wonderful provider and human.

I love this hospital! The people and the care they provide are outstanding!

The lab tech was very skillful. I am usually a difficult person to find a vein to use. He was very thorough in finding the best one and only had to stick me once. Im am very grateful.

Dr. Brown and the entire staff at Heartland Clinic are wonderful.

I had an MRI and was treated excellently. I'm sorry i do not remember the name of the staff member but she has worked there in radiology for 31 years and is extraordinary! Thank you!

Dr Hinman was very nice. This was our first meeting and she listened to what my concerns were and offered solutions. She seemed genuinely interested in what my concerns. She made me feel important.

This was my first time being seen at the clinic. I did not expect them to know everything about me or my medical history. They did an excellent job at listening to my needs, inquiring about my past history and caring for the concern I was seeking help for on this visit. They made me feel very comfortable and cared for. Thank APRN Kelly and staff.

From the moment we walked in until we left everyone was awesome. Dr. Hicks took the time to talk to and listen to my 8 year old granddaughter. Asked questions she would be able to answer. She loved it.

Dr. Hinman is a great physician. I can trust her to help me with my problems. Everyone took care of things in a timely fashion.

We are always happy with the experience we have at Memorial Health Systems and try to use there health services whenever we can. We are so thankful they are there for us and the rest of the community.

Excellent care by Outpatient surgery and XRAY department. You can't get this personalized care at large facilities!!

Always looks very clean, love the photos on the walls. The employee that checked me in very polite, I didn't sit very long and I arrived early so they still took me in right away. Was there for a mammogram and the employee made me feel comfortable and gave clear directions on how she wanted me to stand so everything went quickly.

NEW TO MHS: MICHELE GRIFFITH, MSW

BY TAYLOR KNAUSS, HOSPICE VOLUNTEER COORDINATOR

If you've seen a new face around the office or on our social media, it's probably Michele Griffith, MSW. Michele joined the team in January and has already dove in headfirst with patients, families, and bereavement care.

She was drawn to hospice out of curiosity about the wide range of services offered to patients and families. "I was intrigued to be a part of a meaningful end of life for someone and their family. When my family first faced terminal illness, I was 10 years old, and I had a lot of questions, but it felt intrusive to ask them. I now see the value of open communication and transparency so people can have peace of mind. I believe it is our birthright to be at peace during the death process."

Raised in Florence, Kansas, Michele is no stranger to rural life and understands the importance of community connections when working with patients. "Being human is the best quality we can express to each other. Being a listener allows a person to share. Being myself allows patients and families to be at ease with themselves, too."

Social workers hold a special role on the hospice team, providing emotional support for the entire family. "The hospice journey is a personalized journey. Our team works closely with each family to provide what they need. I hear it during our bereavement calls. You would think visiting with someone who lost their loved one six months ago would be heavy work, but often they share how the personalized care our staff provided helped them through their grief. Sometimes they share funny memories about their loved one and we laugh. It reminds me what can happen when we are really there for each other."

She also values the way hospice connects families with the support they need. "Some families need more contact, so volunteers are referred to them. Some patients have spiritual questions, so pastoral care is involved. Hospice becomes a point of contact so that no matter what arises, patients and caregivers have a resource available 24/7. That helps manage many of the unknowns and stress caregivers face."

Outside of work, Michele enjoys painting abstracts and writing. The outdoors is her calming place, and she enjoys walking, biking, and hiking. She is very family-centered, spending time with her mother, who recently moved into a retirement home, and her two brothers. She also appreciates a smooth cup of fair-trade organic coffee or green tea with a classic book, especially Ernest Hemingway's *For Whom the Bell Tolls*.

Michele is also a longtime fan of the Star Wars franchise. It was the first movie she saw in theaters, and she admits she "fell head over heels for Han Solo." What young girl didn't?

To wrap up our interview, I asked Michele what she is most excited about in serving Dickinson County. Her answer was right up my alley. "I am excited about making hospice a safe conversation. Hospice means quality of life. It means our loved ones suffer less and connect more with the people around them. Sometimes people do so well with hospice that they even come off services. The stereotype that keeps people from having the beautiful care hospice provides needs to be broken down."

At Home Health and Hospice of Dickinson County, we are always working to reshape the conversation around hospice. It isn't the loss of hope, it's reframing it.

Come learn more about hospice when we present at the next monthly health session for April!

FREE Education for Everyone!

April Health Topic

Presented by:

**Home Health &
Hospice of Dickinson
County**



What is Hospice???

Join us for our next monthly health session focused on hospice education. Learn what it is, when to start services, and how it helps patients and families navigate end-of-life care with comfort, dignity, and support.

**Knowledge makes a difference.
Don't miss this important conversation!**

Monday, April 13

5:30 – 7:30 PM

snacks and drinks provided



Nichols Education Center

1003 N Brady, Abilene

(located in the basement of Abilene
Childcare Learning Center - enter through
the back door)








MEMORIAL HEALTH SYSTEM
Heartland Health Care Clinic
ABILENE Salina Regional Health Center
511 NE 10th ST. Abilene, KS

2026 - 2027
SPORTS PHYSICALS
NIGHT

APRIL 8
5 PM - 7 PM

USD 435
ABILENE SCHOOLS
For incoming
7th - 12th grade
athletes

\$10

CASH ONLY
NO CHECKS
NO CARDS
NO INSURANCE FILED
PX FORMS AVAILABLE

Don't Forget Your
WELLNESS VISIT!



**Stay Healthy,
Stay Informed!**

- Preventive Screenings
- Vaccinations & Immunizations
- Managing Chronic Conditions

Early Detection = Better Protection!

Benefits of Your Wellness Visit:

Catch Health Issues Early

Update Your Vaccines

Personalized Health Advice

Schedule Your Appointment Today!

785-263-4131

Don't Forget!





MEMORIAL HEALTH SYSTEM
Heartland Health Care Clinic
ABILENE Salina Regional Health Center

*Send a smile
to someone you
care about*



MESSAGE A PATIENT

Our free MESSAGE A PATIENT service makes it easy to stay connected. Submit your message online at no cost, and our Volunteer Corps will hand-deliver it with care.

Enhance your message and add a handmade card, pop-up flower card, or candy-filled balloon jar from the Caring Hearts Gift Shop. Simply call the gift shop to place your order, and we'll take care of the rest.



Contact Us!

-  Gift Shop Hours
Monday - Friday
8:00AM - 3:30PM
-  785-263-6119
-  Send a message through the Caring Hearts Gift Shop webpage or scan the QR Code.
www.mhsk.org/gift_shop






check out the new and improved features

My Health Portal
https://www.srhc.com/patient_portal/



Review Appointments
Communicate with Your Provider
Attend Virtual Visits
Review Exam Results
Pay Your Bill Online








180 INFECTION CONTROL SPECIALISTS COME TOGETHER FOR CONFERENCE

Wichita welcomed more than 180 infection prevention professionals from healthcare organizations across Kansas on March 12 for a day of collaboration, education, and innovation. Attendees explored new strategies to prevent and control infections while discovering tools designed to enhance patient safety. As part of the conference, participants also had the opportunity to try on the latest personal protective equipment (PPE), gaining hands-on experience with gear that helps protect healthcare workers from infectious materials, bloodborne pathogens, and respiratory droplets.

Among the group was Haley Lindsly, Infection Control and Employee Health Nurse for Memorial Health System.

The MHS Employer of Choice (EOC) Council’s first-quarter Blessing Box food drive for 2026 was a great success, thanks to the generosity and creativity of our staff! Employees across departments donated essential items to help keep the Blessing Box stocked for coworkers who may need a little extra support between paydays. To make things even more fun, departments turned their donations into impressive sculptures, showcasing both teamwork and imagination. After a 24-hour collection of “LIKES” by YOU, our community, the winning department was Environmental Services! They did a great job building a campfire and roasting a roll of toilet...ehem... a big marshmallow over it!



Thank you for voting and helping us find a winner!

Employee of the Month!

Jenny Stuck Volunteer Services Manager

Jenny Stuck of Volunteer Services is our April Employee of the Month. With more than five years at Memorial Health System, Jenny demonstrates leadership, teamwork, professionalism, dedication, innovation, and customer service. She creates a welcoming environment for patients and staff, keeping the gift shop stocked with a variety of items that employees and patients appreciate. Jenny is also a friendly face in the lobby and is always willing to help ensure patients are taken care of upon arrival. Under her leadership, the volunteer program continues to succeed, earning the Gold Award and raising funds through the gift shop and other efforts. Her commitment to growing the program and supporting both volunteers and staff makes a meaningful impact across the organization.



Employee of the month

Congratulations, Jenny, and thank you for your continued dedication to Memorial Health System!



511 NE 10th St. Abilene, KS 67410
785-263-2100
WWW.CARINGFORYOU.ORG

MISSION

ENHANCE THE HEALTH AND WELLNESS OF ALL

VISION

BE THE HEALTHCARE PROVIDER AND EMPLOYER OF CHOICE.

CORE VALUES

COMPASSION FOR ALL

APPRECIATION FOR OTHERS

RESPECT FOR EVERYONE

EXCELLENCE THAT EXCEEDS EXPECTATIONS

How nonprofit hospitals give back. At Memorial Hospital, this happens right here!

Nonprofit hospitals play a vital role in keeping communities healthy, often providing care regardless of a patient’s ability to pay.

Unlike for-profit facilities, they reinvest large amounts of revenue back into services, technology, and patient care rather than distributing profits to shareholders.

To continue offering essential services and providing a variety of resources that may be utilized by the community, nonprofit hospitals rely on a combination of funding sources beyond patient revenue, including community support, grants, charitable donations, and partnerships.

These contributions help bridge the gap created by uncompensated care, rising healthcare costs, and the need for ongoing improvements. Simply put, the strength of a nonprofit hospital is deeply connected to the generosity and support of the community it serves.

On that note, we *thank you!*



2026

Your donations from Donate Day will help to fund future projects of the Memorial View Park and Walking Trail, as well as provide continued care to hospice patients.

MHS FUND RAISED \$508.98
HOSPICE FUND RAISED \$ 5,021.48

The Community Foundation of Dickinson County matches up to \$5,000 per agency/organization. Please consider giving next year on March 19, 2027, when your donation doubles!



Looking for resources available in Dickinson County? Visit the CARES Coalition website and find what you are looking for with the online resources guide.

Memorial Health System is a proud member, and sponsor, of the CARES Coalition of Dickinson County.

VILLAGE MANOR IS HOSTING WEEKLY HIRING DAY OPEN HOUSE!

Every Wednesday from 2-4 PM

Get help applying and interview the same day

Interview for an open position during the event & enter into a drawing for

\$250 Visa Gift Card

